



Faith IN WV

FEBRUARY 22, 2026
DIOCESE OF WHEELING-CHARLESTON

Listen for Jesus' "I love you" This Lent

The beloved St. Teresa of Calcutta wrote a letter in 1993 to her religious community. Today, this first Sunday of Lent, we share excerpts of that letter with you as a reminder to make time to listen to God in the silence of your heart. Be with Him and you will hear Jesus say, "I love you!"

My dearest Children,

Jesus wants me to tell you again, how much is the love He has for each one of you - beyond all that you can imagine. I worry some of you still have not really met Jesus - one to one - you and Jesus alone. We may spend time in chapel - but have you seen with the eyes of your soul how He looks at you with love?

Do you really know the living Jesus - not from books, but from being with Him in your heart? Have you heard the loving words He speaks to you? Ask for this grace, He is longing to give it. Never give up this daily intimate contact with Jesus as a real living Person - not just an idea.

How can we last - even one day living our life without hearing Jesus say "I love you" - impossible. Our soul needs that as much as the body needs to breathe the air. If not, prayer is dead - meditation is only thinking. Jesus wants you each to hear Him - speaking in the silence of your heart.

Be careful of all that can block that personal being in touch with the living Jesus. The hurts of life, and sometimes your own mistakes - [they] make you feel it is impossible that Jesus really loves you, is really clinging to you. This is a danger for all of you. And so sad, because it is completely opposite of what Jesus is really wanting, waiting to tell you.

Not only He loves you, even more - He longs for you. He misses you when you don't come close. He thirsts for you. He loves you always, even when you don't feel worthy. Even if you are not accepted by others, even by yourself sometimes - He is the one who always accepts you.

Bring all you are suffering to His feet - only open your heart to be loved by Him as you are. He will do the rest.

"Repent and believe", Jesus tells us.

What are we to repent? Our indifference, our hardness of heart.

What are we to believe? Jesus thirsts even now, in your heart and in the poor - He knows your weakness, He wants only your love, wants only the chance to love you. He is not bound by time. Whenever we come close to Him - we become partners of Our Lady, St John, Magdalen. Hear Him. Hear your own name.

God bless you!



B
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Sunday

Sunday Mass can't be our only touchpoint with God. Beyond Sunday is a guide to living the Catholic faith more fully each day through Catholic media, podcasts, art, gifts, and trusted voices from the Church to help nourish our own prayer, reflection, and mission.

Resources for you this week:

EWTN News - Be mindful of our mission as Church beyond our own communities. Check in with EWTN News for stories such as a Heartwarming Visit with Pope Leo XIV for Families of captured Ukrainian Soldiers.
WWW.EWTNNEWS.COM/VATICAN/UKRAINIAN-WOMEN-TELL-POPE-LEO-XIV-OF-ABANDONED-PRISONERS-OF-WAR

BLESSED IS SHE - Blessed is She is dedicated to providing women resources, products, content and experiences to deepen your prayer life and foster community in Christ. BLESSEDISSHE.NET

ART & HOME ACCENTS - **NICHOLE LANTHIER ART** is a Catholic artist on Etsy and social media. Her paintings are not only a beautiful but heartfelt additions to your home or office. Check her work at: WWW.ETSY.COM/SHOP/NICHOLELANTHIER

FAMILY PODCAST - CATHOLIC SPROUTS (Bill and Nancy Bandzuch) - A daily, short and sweet podcast designed to teach the faith to children and evangelize parents to "raise saints and champions of the faith!" CATHOLICSPROUTS.COM/PODCAST#/



OFFICE OF THE BISHOP

DIOCESE OF WHEELING-CHARLESTON

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POST OFFICE BOX 230
WHEELING, WEST VIRGINIA 26003

Message for Lent, 2026

Dear faithful of the Diocese of Wheeling-Charleston,

We have begun the holy season of Lent with ashes on our foreheads and hope in our hearts. Lent's goal is to prepare us spiritually for the great feast of Easter, when we celebrate the Lord Jesus' resurrection from the dead in which we find our own hope for immortality.

We know from experience how easy it is to succumb to temptations to sin and let our spiritual lives sink into routine or indifference. We need a wake-up call and Lent gives us one. Like the baseball players who brush off the rust of a lethargic winter to get back into shape for the new season, we practice prayer, fasting and almsgiving in Lent to open our veins to God's grace and allow it to transform us into more faithful disciples of Christ.

If you have a habit of daily prayer, keep it up and consider how you might extend it either by spending more time with the Lord or enriching your prayer by meditating on Scripture. If you have not been praying, start now. Give the Lord at least 15 or 20 minutes a day at the time you find most convenient. (For many of us, that time is early in the morning before daily work or study begins.) Just place yourself before God, briefly present to him your concerns and projects of that day, invoke him slowly and repeatedly by saying "Father," "Jesus" or "Spirit", and then be quiet. God's Spirit in you will do the rest.

As for fasting, Pope St. Gregory the Great said, "The principal fasting in Lent is fasting from sin." Reflecting this understanding, Pope Leo XIV in his Lenten message for 2026 urges us to "refrain from words that offend and hurt our neighbor:" harsh words, slander, rash judgments and speaking ill of others when they cannot defend themselves. Bodily fasting is useful, not as an end in itself – a Lenten fast is not for the purpose of losing weight! – but for curbing our desires for the things of this world and moving us to *hunger and thirst for righteousness* [Matthew 6:6]. Pope St. Leo I said: "What we forego by fasting is to be given as alms to the poor," underscoring our responsibility in charity to share what we have with those in need.

Almsgiving may take many forms. Giving money to a poor family to help them buy groceries or to a pantry which offers them a bag of food is one form but so is tutoring a child struggling with math or reading, visiting or calling a sick neighbor or relative or befriending an immigrant afraid of being separated from his or her spouse and children. The heart of almsgiving is overcoming self-concern in order to do good to others. *Do unto others as you would have them do unto you* [Matthew 7:12].

If these counsels for keeping a good Lent sound familiar, they are from the Lord's words in the Gospel we heard on Ash Wednesday. Jesus himself gives us the way to make our Lent fruitful in holiness and good works. Commit now, if you have not already done so, to give your soul a vigorous workout in the gymnasium of Lent so that you will be in good shape when Easter comes. Then you, with the newly baptized and confirmed, will rejoice in the power of God's love to make his divine life pulsate more vibrantly in you.

Sincerely in Christ,

+Mark E. Brennan
Bishop of Wheeling-Charleston



SALT AND LIGHT FOR 175 YEARS: THE DIOCESE'S MISSION OF CARE

As we celebrate our 175th year as a diocese, we also celebrate 175 years of putting our faith into action as a united Church. In a recent homily on Christ's Sermon on the Mount, Bishop Mark Brennan reflected on Jesus' call to be the "salt of the earth and the light of the world," reminding us that this means being fully alive in the Church and living our faith in concrete ways. One powerful example, he said, is the Church's service through hospitals and outreach.

"Catholics in the ancient world opened hospitals for ordinary people at a time when only the wealthy had access to doctors. Santo Spirito Hospital in Rome was founded by the Catholics of that city in the eighth century and is still in operation," he said, continuing, "Our greater Church is responsible for more than one quarter of all health care in the world, with over 600 Catholic hospitals in the United States alone, including Wheeling Hospital, the first hospital in what is now West Virginia. Our Church is truly the salt of the earth in following Jesus' example of restoring people to good health regardless of race, status, or religion."

He added, "We are (Christ's) light when we attract people's attention by our lives in accord with Christ's example and teachings. As Isaiah the prophet says: Share your bread with the hungry, shelter the oppressed and the homeless, clothe the naked and do not turn your back on their own. Then your light shall break forth like the dawn, and your wound shall quickly be healed.

"Our love of God and neighbor shows that faith in Christ has changed us. That can convince another person to listen to what we have to say about the Lord. We then become the salt of the earth and the light of the world, drawing others to Christ and to his people."

From its earliest days, the Diocese of Wheeling embraced that call. In its first year of existence, the diocese

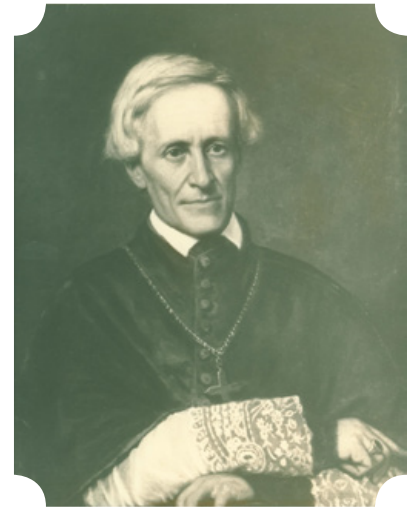
established Wheeling Hospital, founded by Bishop Richard Whelan and Dr. Simon Hullihen with the additional assistance of doctors John Frissell, and Matthew Houston and the support of six Sisters of St. Joseph. In 1850, Wheeling would be the only hospital along the Ohio River between Pittsburgh and Cincinnati.

What began in a house on 15th Street as a 30-bed facility soon expanded to a North Wheeling mansion in 1856 able to serve up to 200 patients at that time. Wheeling Hospital experienced structural expansions in North Wheeling for well over a century until 1975, when it grew into a leading regional medical center,

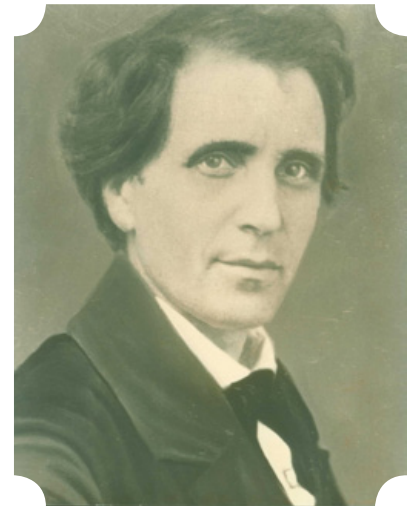
pioneering advancements in intensive and cardiac care at its present Medical Park campus. The hospital continued to grow and eventually joined the WVU Health System while maintaining its Catholic identity and historic ties to the Diocese of Wheeling-Charleston.

In 2025, it was announced that the WVU Health System's northern regional cancer center will be named

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Bishop Richard Whelan



Dr. Simon Hullihen



Original Wheeling Hospital Location on 15th street.

in honor of St. Joseph—a tribute to the Catholic heritage of Wheeling Hospital and to the enduring legacy of the Sisters of St. Joseph. Bishop Brennan credited the sisters’ “faithful dedication and compassionate care as the foundation of the hospital’s strength, without which it would not stand as firmly as it does today.” He noted that entrusting this critical health care ministry to St. Joseph reflects the same devotion that led Bishop Whelan to rename the cathedral in Wheeling after him, saying “there is no better protector than the Terror of Demons, to guide workers, inspire great wisdom, and protect patients and families.”



Undated early photo of Wheeling Hospitals’ Sisters and nurses.

Wheeling was not alone in this mission. In 1912, four Pallotine Missionary Sisters from Germany arrived in West Virginia and began serving immigrant lumber workers and coal miners in Richwood, opening a hospital within a year. They later expanded their ministry to Buckhannon and Huntington, where they opened St. Mary’s Hospital in a former school building that became a thriving center of compassionate, faith-driven care.

In Parkersburg, St. Joseph’s Hospital opened in 1900 in a former convent with 21 beds under the care of the Sisters

of St. Joseph. It expanded over the decades, eventually constructing a modern six-story hospital overlooking the Ohio River and establishing a School of Nursing that educated generations of caregivers. Other Catholic-led hospitals across the state—including St. Mary’s in Clarksburg, St. Francis in Charleston, Sacred Heart in Richwood, and Vincent Pallotti in Morgantown—extended the Church’s healing ministry to communities throughout West Virginia.

Whether on a global scale or right here in our diocese, the Catholic Church takes seriously our social teachings to feed the hungry, clothe the naked, shelter the homeless, care for the sick, and serve the poor.

Beyond hospitals, Catholic Charities West Virginia continues that legacy of compassion. Founded in 1931, it united Catholic charitable outreach across the diocese and today serves all 55 counties through regional offices. For decades, it has provided food, shelter, emergency assistance, children’s services, disaster relief, care for the elderly, and migration services.

For 175 years, through healing, service, and steadfast faith, the Church in West Virginia has lived Christ’s call—remaining salt of the earth and light of the world.

LENTEN SEASON



FEB.
18

ASH WEDNESDAY



FEB.
22

FIRST SUNDAY
OF LENT



MARCH
29

PALM SUNDAY



APRIL
2

HOLY THURSDAY



APRIL
3

GOOD FRIDAY



APRIL
4

HOLY SATURDAY



APRIL
5

EASTER SUNDAY



DIOCESE OF
WHEELING-CHARLESTON

www.dwc.org



Be an Ambassador for Christ? Count on It!

Lenten Call Resonates with WV Catholic Youth Leaders



Pausing for a photo on the last night of the National Catholic Youth Conference in Indianapolis are (from left to right) Kristy Riedel, Central Catholic High School Campus Minister, Wheeling; Sr. Maria Rukwishuro, SJI, principal of Notre Dame High School and St. Mary Catholic School and youth leader at Immaculate Conception Church, Clarksburg; Jenny Imer, of St. Michael Parish Youth Group, Wheeling; Andrew Kemp Myers, Campus Minister of Parkersburg Catholic High School and Youth Leader for St. Francis Xavier and Hidden Gems, Parkersburg; Mary Odin, youth leader of Blessed Sacrament Church, South Charleston; and Gregory Gust, Assistant Director of Faith Formation for the diocese.

Ash Wednesday marked the beginning of Lent, a season of reflection and renewal. This year, our Lenten journey opened with a powerful call from St. Paul's Second Letter to the Corinthians: to be "Ambassadors for Christ" (2 Corinthians 5:20–6:2). That message carries significant meaning for our youth and young adult ministers across the Diocese of Wheeling-Charleston.

Faith formation for young people must do more than educate—it must inspire. In a world filled with distractions, doubt, and constant pressure, youth need opportunities to encounter Christ personally, build friendships rooted in faith, and recognize that they are called to be witnesses of His love.

Catholic youth leaders throughout West Virginia are answering that call with dedication and joy, understanding their critical role in shaping the future of the Church.

"I am so thankful for the opportunity to lead our students to Christ," said Andrew Kemp Myers campus minister at Parkersburg Catholic High School. "The kids have shown a hunger for the Lord and His Church by wanting to dive deep into Sacred Scripture and evangelism. I know they are changing their community and schools through the power of the Holy Spirit."

In addition to his work at the high school, Myers

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leads youth ministry at St. Francis Xavier Parish and Hidden Gems Ministry, which serves Catholic youth in Parkersburg and surrounding communities. His experience reflects a broader trend across the diocese: young Catholics are eager not only to learn about their faith, but to live it boldly.

Large-scale events can have a profound impact on that growth. More than 120 youth from the Diocese of Wheeling-Charleston attended the National Catholic Youth Conference (NCYC) this year, joining thousands of teens from across the country for prayer, worship, and formation. Such events offer powerful moments of encounter, especially during Eucharistic adoration and Mass, when young people see the Church alive and vibrant.

These opportunities, however, require committed adult leaders willing to invest months of planning, fundraising, and organization.

Kristy Riedel, campus minister at Central Catholic High School in Wheeling, and Jenny Imer, youth leader at St. Michael Parish, Wheeling, took 42 students to NCYC this school year.

“The fire for Christ they returned with was incredible,” Riedel said. Even more meaningful was what happened afterward: students seeking deeper involvement in parish life and ministry. Many stepped forward “as lectors, altar servers, and Eucharistic ministers.” Some non-Catholic students who attended began exploring the faith more seriously, with a few entering OCIA formation classes.

“That’s the ‘why’ behind all the months of planning and logistics,” she said. “Providing these opportunities creates a great reward (for the Church).”

The momentum continues beyond NCYC. On Feb. 28, Riedel will help lead students from Central Catholic High School to Winter Jam in Pittsburgh, one of the nation’s largest Christian music tours. Events like

this, along with diocesan retreats and parish youth gatherings, extend the enthusiasm sparked at larger conferences.

“It’s all about fanning that flame across the Diocese of Wheeling-Charleston,” Parkersburg’s Myers campus said.

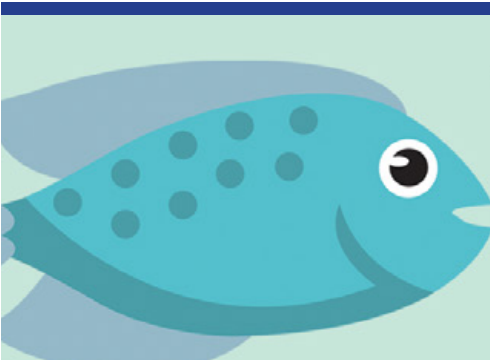
Diocesan leadership echoes this vision. Greg Gust, Assistant Director of Faith Formation for the diocese, recently attended his first NCYC and spoke about its impact in an interview with *The Criterion*, Indiana’s largest Catholic newspaper. He emphasized that the goal of such events is to help young people draw closer to Christ and understand that the Church is alive, totally relevant to their lives, and accessible.

“When students are ignited by the Holy Spirit, they go forth and make disciples,” Gust said. “Getting to see young people thriving and living genuine and authentic Catholic lives brings me so much joy.”

His words underscore an important truth: youth ministry is not simply programming—it is mission. Young people today face cultural pressures that can challenge their faith and identity. They need mentors who will walk beside them, answer questions, encourage prayer, and model authentic Christian living.

As Lent reminds us, the call to be “Ambassadors for Christ” is not optional. It is a call for all of us - to every baptized believer - and it carries special urgency when it comes to guiding the next generation. Youth and young adult leaders across West Virginia are embracing that mission wholeheartedly.

Through prayer, formation, conferences, service opportunities, and their presence, are youth faith formation leaders are helping young Catholics grow in confidence, deepen their relationship with God, and step into active roles within the Church, Gust said, concluding, “They are true ambassadors for Christ.”



Time to get HOOKED!

CLICK HERE

FOR LENTEN SCHEDULES
AND FISH FRIES NEAR YOU



Peter's Chair, Polycarp's Witness, and Gregory's Prayer

Three Moments for Spiritual Inspiration



February 22, the Feast of St. Peter's Chair

The significance of celebrating the Feast of the Chair of Saint Peter the Apostle celebrates a pivotal act of Jesus Christ and our history of the universal Church on earth.

The Feast of St. Peter's Chair honors the role bestowed in the 1st Century unto Simon Peter the first Pontiff (from the Latin word that means "bridge builder") of the Catholic Church founded by Jesus Christ. The Chair of Saint Peter represents servant authority of the Church that God gave Peter and his successors.

Matthew recounts the moment in Chapter 16:16-18. Jesus says to Peter: You are the Messiah, Son of the living God. Jesus said to him in reply, "blessed are you, Simon son of Jonah. For flesh and blood has not revealed this to you, but my heavenly Father. And so I say to you, you are Peter, and upon this rock I will build my church, and the gates of the netherworld shall not prevail against it. I will give you the keys to the kingdom of heaven. Whatever you bind on earth shall be bound in heaven; and whatever you loose on earth shall be loosed in heaven.

At the Vatican in the back of St. Peter's Basilica there is an actual "Chair of St. Peter," the Cathedra Petri. It is suspended above the altar. This bronze sculpture is actually an encasement for an ancient oak chair that St. Peter may have sat in, but historians are uncertain.

Regardless, the chair is a concrete symbol for the mission and ministry of St. Peter and his successors - serving, evangelizing, and shepherding the faithful followers of Jesus Christ.

Today, let us pray for our Holy Father Pope Francis, who has lovingly accepted the role of "bridge builder," and gracious bishop over the world-wide Church.



February 23 – St. Polycarp

'Saint Polycarp, bishop of Smyrna on one of the last disciples of the Apostle St. John. He lived from 69 AD to 156 or 157 AD. He was a praised holy man to whom people flocked to wanting to hear from the one who learned about Christ right from the apostles' mouths. But it is his death that he is most known.

When he was about 87, he was arrested and sentenced to death for his Christianity and refusing to curse Christ. The story of his execution is astounding, recorded by witnesses

in the publication *The Martyrdom of St. Polycarp*. As the story goes, the bishop was charged for being an atheist of the gods of Rome and Caesar. He was taken to a stadium to be burned to death in a front of a huge crowd.

Fires were lit at his feet, but he didn't burn. In fact, there was a sweet incense aroma that filled the air of the stadium, according to the Smyrnaeans that witnessed the events only explained as miracles.

“And as the flame blazed forth in great fury, we, to whom it was given to witness it, beheld a great miracle. . . For the fire, shaping itself into the form of an arch, like the sail of a ship when filled with the wind, encompassed as by a circle the body of the martyr. And he appeared within not like flesh, which is burnt, but as bread that is baked, or as gold and silver glowing in a furnace. Moreover, we perceived such a sweet odor [coming from the pile], as if frankincense or some such precious spices had been smoking there.”

A soldier was ordered to stab the bishop and with that the blood of St. Polycarp extinguished the fire and a dove appeared as he died. His feast day is Feb. 23.



February 27, – St. Gregory of Narek

He was known throughout the world as “the watchful angel in human form.” He was an Armenian monk, poet, philosopher, and composer.

This 10th-century mystical writer was declared a Doctor of the Church by Pope Francis in 2015.

His book of prayers, *The Book of Lamentations* (aka *The Book of Narek*), is described by him as “an encyclopedia of prayer for all nations.” It contains 95 prayers, each beginning with, “Speaking with God from the Depths of the Heart.”

Theologians compare St. Gregory's prayers as similar to Saint Augustine's *Confessions*.

As St. Gregory states his prayers were written “by the finger of God” (Prayer 34) and he saw God, “with my own eyes” (Prayer 27f).

Saint Gregory of Narek, pray for us, and let us always choose good just as you wrote as part of your prayer to God:

Almighty God, “You alone are great and generous in everything.

You are the definition of abundant goodness,
Who pours forth constantly, without measure,
more than we ask or expect,
as Paul said in gratitude.

“For You commanded that we should do good,
from dawn to dusk, in the same day,
nine times fifty, plus four times ten.

Always attentive,
forgiving with an unfettered heart,
something more
than the expectation of men's prayers.”



Editor's notes: The image of the book is actually an 1173 copy of St. Gregory's *Book of Lamentations*. The portrait of Gregory of Narek (Grigor Narekatsi) is by Arshak Fetvadjian (1863-1947).



RETIREMENT FUND FOR DIOCESAN PRIESTS

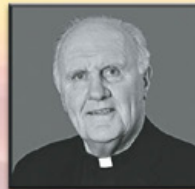
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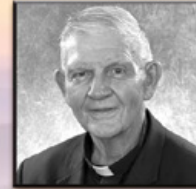
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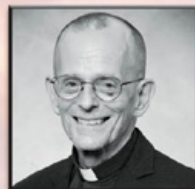
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Rev. James C. Conyers



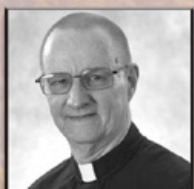
Rev. Harry N. Cramer



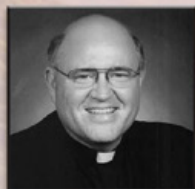
Rev. John V. Di Bacco, Jr.



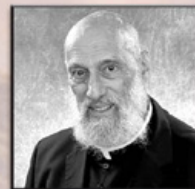
Rev. Larry W. Dorsch



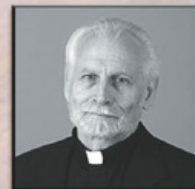
Rev. John H. Finnell



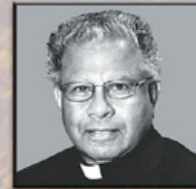
Rev. John R. Gallagher



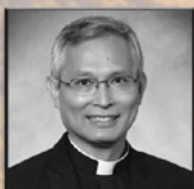
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Rev. Giles LeVasseur



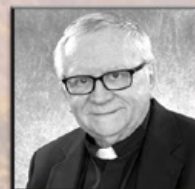
Rev. George M. Manjadi



Rev. That Son Ngoc Nguyen



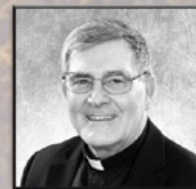
Rev. Robert A. Perriello



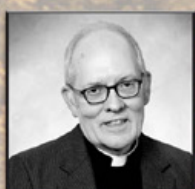
Rev. William J. Petro



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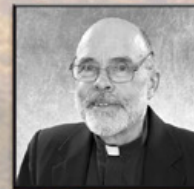
Rev. T. Mathew Rowgh



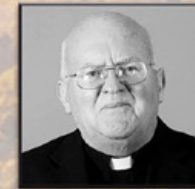
Rev. David J. Schmitt



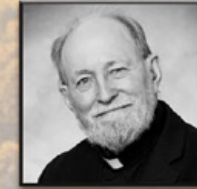
Rev. Douglas B. Sutton



Rev. Anthony G. Thurston



Rev. Laurence Wrenn



Rev. Paul D. Yuenger

"I thank you for your lives given in service to the Kingdom, for your daily labors, for so much generosity in the exercise of the ministry, for all that you live in silence, and that at times is accompanied by suffering or misunderstanding." ~ Pope Leo XIV



St. Joe's Parish Lenten Mission

with Deacon Harold Bunke-Sivens
a.k.a. the Dynamic Deacon!

229 California Ave. Weinton, WV 26062
Questions? Call 304-723-2054

March 22-24, 2026

7:00 - 8:00 PM: Talk
8:00 PM-TBD: Confession,
Meet & Greet, Book Sales,
& Refreshments!

Deacon Harold Bunke-Sivens – known around the world as the “Dynamic Deacon” – is one of the most sought-after speakers in the Church today. He is a powerful and passionate evangelist and preacher, whose no-nonsense approach to living and proclaiming the Catholic faith will challenge and inspire those who hear him.



Scan the QR Code to
Register for Free!

LAETARÉ

Charleston-Area Young Adults Group

Our Charleston-Area Young Adult Group consists of members from all across the Charleston area. Please consider joining if you are interested in forming quality friendships with other Catholic Young Adults in the area!

Why Join???

- Active Community
- Bible Studies
- Cookouts
- Game Nights
- Volunteer Opportunities

JOIN NOW!



Use your camera to scan the QR code if you want to keep up to date through our GroupMe chat!

FIRST SUNDAY OF LENT

First Reading: Genesis 2:7-9, 3:1-7

In the Book of Genesis, Adam and Eve are in the Garden of Eden – a garden of plenty. They choose not to obey God their creator, instead listening to evil and be selfish.

Responsorial: Psalm 51

“Be merciful, O Lord, for we have sinned.”

Second Reading: Romas 5:12-19

Saint Paul emphasizes – in Christ we live!

Gospel: Matthew 4:1-11

Jesus’ fast for 40 days and 40 nights in Gethsemane - the desert. He remained selfless in order to obtain salvation for us all.

[CLICK HERE FOR FULL SCRIPTURE TEXT](#)

PRAYER INTENTIONS

For the Church, that Lenten journey strengthens our spiritual weaknesses and equips us to be confident in our choice to honor God, His Church, and His creation, let us pray to the Lord. . .

For world leaders, that they turn away from evil and selfish ways, let us pray to the Lord. . .

For those preparing for the sacraments of initiation this Easter, that their faith may be deepened during their Lenten journey, let us pray to the Lord. . .

For all of us when we give in to temptations, that we may always find our way back through God’s infinite mercy, let us pray to the Lord. . .

Lord hear our prayer



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Berkeley Springs	FM	107.9
Clarksburg-Bridgeport	FM	97.5
Dunbar - Charleston	AM	1450
Grafton - Clarksburg	AM	1190
Keyser - coming soon	FM	98.9
Montgomery - Beckley	FM	89.7
St. Marys - Parkersburg	FM	105.3
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Liturgy of the Hours

LITURGY OF THE HOURS

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MASS ONLINE

Saturday 6pm Masses will continue to be livestreamed from the Cathedral of St. Joseph, and will be available on our website each Sunday at DWC.ORG.