



## TIME TO GET HOOKED!

Lenten fish fry events are underway at parishes across the diocese. Things may be a little different because of COVID-19 safety precautions, but the DELICIOUSNESS is the same!

Local fish fry workers have had to mix it up a little this year bringing curbside options to the table so to speak. Parish bulletins, websites, and social media pages are promoting call in and drive through orders for the takeout only meals.

Fish fries boost fellowship and finances for the parish or organization designated by the parish to receive the profits of the sales.

While some parishes have chosen not to have their events this year out of an abundance of caution, others were eager to get in front of the fryers, after the pandemic shut them down all together last year.

Whether curbside pick-up or limited at the counter takeout, volunteers are eager to take your order.



Many of our parishes also serve up regional favorites such as pierogi, haluski (cabbage and noodles), and pasta. Don't forget to ask and order those sides and, of course, the homemade desserts - that is if you didn't give up sweets for Lent.

Contact the local Catholic parish or organization in your area for their fish fry details. For a list of parishes in WV and contact information including websites and phone numbers check out our directory at:

[DWC.ORG/DIRECTORY-CATEGORY/PARISHES/320/](http://DWC.ORG/DIRECTORY-CATEGORY/PARISHES/320/)

## FASTING THIS LENT FROM POPE FRANCIS

FAST FROM HURTING WORDS AND SAY KIND WORDS.

FAST FROM SADNESS AND BE FILLED WITH GRATITUDE.

FAST FROM ANGER AND BE FILLED WITH PATIENCE.

FAST FROM PESSIMISM AND BE FILLED WITH HOPE.

FAST FROM WORRIES AND HAVE TRUST IN GOD.

FAST FROM COMPLAINTS; CONTEMPLATE SIMPLICITY.

FAST FROM PRESSURES AND BE PRAYERFUL.

FAST FROM BITTERNESS; FILL YOUR HEART WITH JOY.

FAST FROM SELFISHNESS AND BE COMPASSIONATE.

FAST FROM GRUDGES AND BE RECONCILED

FAST FROM WORDS; BE SILENT AND LISTEN.



Check your local parish for Fish Fry  
& Lenten Dinner schedules



# HONOR SAINT KATHARINE DREXEL ON MARCH 3

## ADVOCATE FOR SOCIAL AND RACIAL JUSTICE



A rainy grey sky loomed over St. Peter's Square on the day of her canonization, but when her name was announced the audience of more than 300,000 people stood in awe as the sky opened, the sun came out, and a rainbow appeared. Katharine Drexel was declared a saint and the heavens rejoiced.

Saint Katharine Drexel is a saint for all people – Catholics and non-Catholics. She was an advocate for social justice – faith-filled, compassionate, persistent, determined, and generous.

How can we be more like her? Use our gifts to serve others and value the dignity of human life.

Saint Katharine was courageous in her desire to stop the plight of Native Americans and the unjust treatment of African Americans, who were far from free and being denied a quality education and constitutional rights. In her lifetime she began the congregation of the Sisters of the Blessed Sacrament and opened 145 missions, 50 schools for African Americans, 12 schools for Native Americans, and Xavier University of Louisiana, the first Catholic college for African Americans in the US. Historians said she spared no expense and made sure students had the best materials available.

It is true that St. Katharine was an heiress of great fortune stemming from her immigrant grandfather, who an artist switched gears and along with his sons became the most prominent bankers in American history. It is also true that she inherited much more than money from her family, she grew up knowing that their fortune was indeed

a blessing to be shared; and to keep God first through prayer, sacraments, and the social teaching of Jesus.

Her family opened the doors of their home several days a week to feed the poor, her older sister Elizabeth began a school for orphaned boys; and younger sister Louise worked to promote the rights of Native and African Americans like St. Katharine.

Her life spanned 96 years. Those years were filled with pivotal historical events that definitely molded her character and motivated her calling – the Civil War, the assassination of President Abraham Lincoln, Jim Crow Laws, World War I, the Great Depression, World War II, and the beginning of the Cold War. She died in 1955, the same year Rosa Parks refused to give up her seat in the white section of a bus in Montgomery, Alabama.

She was always a social activist, but at



the age of 31 became a nun. Without hesitation she lovingly accepted the vows of chastity, poverty, and obedience, adding a fourth vow of service to the “Indian and Black Races,” she declared. Her congregation’s purpose was to serve the Native American and African American people, nurturing them in the Catholic faith. Her entire worth, an estimated \$20 million was spent on building her missions, schools, and even Catholic churches for Native Americans and African Americans.

Despite ridicule, threats and attacks from anti-desegregation groups, anti-Catholics, the Klu Klux Klan, and

even within the Church and other faith communities, Drexel and her congregation forged ahead with their plans and convictions.

“If we wish to serve God and love our neighbor well, we must manifest our joy in the service we render to Him and them. Let us open wide our hearts. It is joy which invites us. Press forward and fear nothing,” she said.

In 1934, St. Katharine partnered with the NAACP for anti-lynching legislation. She did not waiver on her stance against bigotry and ignorance that lead to unthinkable and unfair treatment of humankind. Instead, she did her best to practice patience in her resolve.

“Often in my desire to work for others I find my hands tied, something hinders my charitable designs, some hostile influence renders me powerless. My prayers seem to avail nothing, my kind acts are rejected, I seem to do wrong things when I am trying to do my best. In such cases I must not grieve. I am only treading in my Master’s steps,” she said.

The shrine to St. Katharine sits in the back of the Cathedral Basilica of St. Peter and Paul in Philadelphia. A Mass to honor her feast day will be celebrated on March 3 at 12:05 p.m. You can watch the livestream via vimeo:

[VIMEO.COM/EVENT/17522](https://vimeo.com/event/17522).

Station 6ABC in Philadelphia presented an impressive documentary on St. Katharine Drexel you are encouraged to [WATCH HERE](#).

Notre Dame Magazine published a great article on her in 2004 by Anthony Walton you can [READ HERE](#).

St. Katharine Drexel, pray for us!

## A JOURNEY TO LONG-TERM FLOOD RECOVERY

By: Kate Kosydar, Catholic Charities West Virginia Parish Social Ministry Consultant

On June 23, 2016, people's lives were drastically changed over the course of 36 hours. Torrential rainfall caused flooding and a state of emergency in 44 West Virginia counties.

Now, 3-½ years later, one woman has finally and fully recovered from that flood.

Shortly after the flood, a Disaster Case Manager from Volunteer Organizations Active in Disaster (VOAD), of which Catholic Charities West Virginia is a member, visited Janie's home and gave her news no one ever wants to hear: her home was no longer safe to live in. Her recovery plan was to replace her old home with a new one elevated above the flood plain.

Janie lived in her house for over 45 years, and was no stranger to water. "I've been flooded out right many times," Janie said. "You pray there won't be another flood, but you know there's going to be." She said the National Guard will soon be tearing down her old house, and she's still trying to adjust to that reality. "You leave a lot of memories. It's like leaving part of your family."

Lora Pierce, Catholic Charities Director of Disaster Services, is sensitive to the spiritual and emotional element of disaster recovery. Lora learned of Janie's

situation from the VOAD Disaster Case Manager. "I heard about a senior woman who lived in a house that the Case

Manager said she was afraid to walk on the floor for fear of it falling in," Lora said. "I stayed in contact with the Case Manager inquiring on the progress of Janie's case. I added her to my personal prayer list."

When VOAD's grant ran out, Catholic Charities West Virginia was able to take on Janie's case. There were many issues the two had to tackle during the recovery process. For one thing, when the ramp was built on Janie's new trailer the door was installed so it swung the wrong way. She called Lora, who made sure the problem was fixed. "Lora is great!" Janie said. "She moves things forward!"



Catholic Charities West Virginia's Disaster Services program installed a new door for a rebuilt home of a flood survivor.

As this 3-½ year process is coming to a close for Janie, she feels a sense of relief. "Water can't get in anymore. I won't have to go through the cleanup," she said.

Lora pointed out that there are still approximately 100 people remaining on the recovery list. That's why Catholic Charities' focus on long-term recovery is so important. "We stay with people through the long haul — through recovery," she says. "If I'm not helping someone, I'm not doing my job."

To learn more about Catholic Charities West Virginia, visit [www.CATHOLICCHARITIESWV.ORG](http://www.CATHOLICCHARITIESWV.ORG).

Catholic Charities West Virginia  
*Shining a Light on Hope*

VIRTUAL GALA

*Save the Date*  
March 16, 2021



## SECOND SUNDAY OF LENT

### First Reading GENESIS 22:1-2, 9a, 10-13, 15-18

God put Abraham to the test. He called to him, "Abraham!" "Here I am!" he replied. Then God said: "Take your son Isaac, your only one, whom you love, and go to the land of Moriah. There you shall offer him up as a holocaust on a height that I will point out to you." When they came to the place of which God had told him, Abraham built an altar there and arranged the wood on it. Then he reached out and took the knife to slaughter his son. But the LORD's messenger called to him from heaven, "Abraham, Abraham!" "Here I am!" he answered. "Do not lay your hand on the boy," said the messenger. "Do not do the least thing to him. I know now how devoted you are to God, since you did not withhold from me your own beloved son." As Abraham looked about, he spied a ram caught by its horns in the thicket. So he went and took the ram and offered it up as a holocaust in place of his son. Again the LORD's messenger called to Abraham from heaven and said: "I swear by myself, declares the LORD, that because you acted as you did in not withholding from me your beloved son, I will bless you abundantly and make your descendants as countless as the stars of the sky and the sands of the seashore; your descendants shall take possession of the gates of their enemies, and in your descendants all the nations of the earth shall find blessing— all this because you obeyed my command."

### Responsorial PSALMS 116:10, 15, 16-17, 18-19

**R. (116.9) I will walk before the Lord, in the land of the living.**

I believed, even when I said, "I am greatly afflicted." Precious in the eyes of the LORD is the death of his faithful ones.

**R. I will walk before the Lord, in the land of the living.**

O LORD, I am your servant; I am your servant, the son of your handmaid; you have loosed my bonds. To you will I offer sacrifice of thanksgiving, and I will call upon the name of the LORD.

**R. I will walk before the Lord, in the land of the living.**

My vows to the LORD I will pay in the presence of all his people, In the courts of the house of the LORD, in your midst, O Jerusalem.

**R. I will walk before the Lord, in the land of the living.**

### Second Reading ROMANS 8:31b-34

Brothers and sisters: If God is for us, who can be against us? He who did not spare his own Son but handed him over for us all, how will he not also give us everything else along with him? Who will bring a charge against God's chosen ones? It is God who acquits us, who will condemn? Christ Jesus it is who died—or, rather, was raised—who also is at the right hand of God, who indeed intercedes for us.

### Verse Before the Gospel Cf. MATTHEW 17:5

From the shining cloud the Father's voice is heard: This is my beloved Son, listen to him.

### Gospel MARK 9:2-10

Jesus took Peter, James, and John and led them up a high mountain apart by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no fuller on earth could bleach them. Then Elijah appeared to them along with Moses, and they were conversing with Jesus. Then Peter said to Jesus in reply, "Rabbi, it is good that we are here! Let us make three tents: one for you, one for Moses, and one for Elijah." He hardly knew what to say, they were so terrified. Then a cloud came, casting a shadow over them; from the cloud came a voice, "This is my beloved Son. Listen to him." Suddenly, looking around, they no longer saw anyone but Jesus alone with them. As they were coming down from the mountain, he charged them not to relate what they had seen to anyone, except when the Son of Man had risen from the dead. So they kept the matter to themselves, questioning what rising from the dead meant.

## PRAYER INTENTIONS

For the Church, that God's generosity to Abraham and his descendants might motivate us to share our blessings with those in need, let us pray to the Lord. . .

That all the nations on earth may find blessing in their people, as God promised Abraham, and value even the least of them as the handiwork of God, let us pray to the Lord. . .

That the world may be transfigured by the presence of God, becoming a world of perfect justice, mercy, and peace, let us pray to the Lord. . .

For those who are preparing for the Easter sacraments, confirmation, and first Holy Communion, that they might listen to God's beloved Son as they approach their initiation into the Church, let us pray to the Lord. . .

*Lord hear our prayer*



LET US GO  
*Rejoicing*  
TO THE  
HOUSE OF THE LORD.  
PSALM 122



**UPDATED GUIDELINES RELEASED**

Bishop Mark E. Brennan released updated guidelines for our churches and facilities.

- New Norms for Reopening Parish Facilities for Meetings and Gatherings
- Updated Liturgical Guidelines
- Music Protocols for Liturgical Celebrations

These are available online at [www.dwc.org](http://www.dwc.org).

*Liturgy of the Hours*

LITURGY OF THE HOURS

Pray the prayer for this day, this hour!

Scan the QR code or visit the link below to view a PDF version of the Liturgy of the Hours.

[EBREVIARY.COM](http://EBREVIARY.COM) [LITURGY OF THE HOURS](#)



A LITTLE CATHOLIC HUMOR



**ENROLL TODAY**

WV Catholic Schools

Empowered  
by knowledge.  
Transformed  
by faith.



WV CATHOLIC RADIO  
BROUGHT TO YOU BY YOU

Berkeley Springs - Hancock, MD	FM	96.3
Berkeley Springs	FM	107.9
Clarksburg-Bridgeport	FM	97.5
Dunbar - Charleston	AM	1450
Grafton - Clarksburg	AM	1190
Montgomery - Beckley	FM	89.7
Purgitsville	FM	98.7
St. Marys - Parkersburg	FM	105.3
Star City - Morgantown	FM	89.7
Summersville	FM	91.3
Wheeling - Martins Ferry, OH	FM	90.7
Weirton - Steubenville	FM	97.7

~Also Streaming in WV at [www.rdo.to/WL0L](http://www.rdo.to/WL0L)~

WV Catholic Radio [www.WVCatholicRadio.org](http://www.WVCatholicRadio.org)

MASS ONLINE

Saturday 6pm Masses will continue to be livestreamed from the Cathedral of St. Joseph, and will be available on our website each Sunday at [DWC.ORG](http://DWC.ORG).

Below are four options for enriching your spirit through daily Mass online.

- EWTN airs daily Mass from Our Lady of Angels Chapel, in Irondale, Alabama, at 8am, noon, and 7pm: [HTTPS://WWW.EWTN.COM/TV/WATCH-LIVE](https://www.ewtn.com/tv/watch-live)
- St. Patrick's Cathedral in New York has daily Mass live streamed at 7am: [HTTPS://SAINTPATRICKSCATHEDRAL.ORG/LIVE](https://saintpatrickscathedral.org/live)
- Catholic TV also streams its daily Mass: [HTTP://CATHOLICTV.ORG/MASSES/CATHOLICTV-MASS](http://catholicTV.org/masses/catholicTV-mass)
- Daily Mass Online at Notre Dame' Basilica of the Sacred Heart is live at 11:30 am Monday-Friday: [HTTPS://CAMPUSMINISTRY.ND.EDU/MASS-WORSHIP/BASILICA-OF-THE-SACRED-HEART/WATCH-MASS/SPECIAL-MASSSES/](https://campusministry.nd.edu/mass-worship/basilica-of-the-sacred-heart/watch-mass/special-masses/)