Prepare for the Feast of the Transfiguration of the Lord

Meditate, pray for clear vision to see God in His glory in our own trials

The Transfiguration of the Lord is celebrated on Saturday, August 6. We have a week to prepare our hearts for this feast and the inspiration from this weekend's readings will help us as St. Paul reminds us to keep our eyes towards heaven and our priorities with Christ not in the greed and evil of this world.

The story of the Transfiguration of Jesus is told to us by Matthew (17:1-18), Mark (9:2-8); and Luke (9:28-36). We meditate on it as the Fourth Mystery in the rosary of the Luminous Mysteries.

The apostles describe the glory of Christ illuminated in a spectacular scene that is both overwhelming and breathtaking. According to scripture, as Peter,

James and John were half asleep, am unimaginable radiant light awoke them. As their vision became clear they witnessed Jesus transfigured, wearing all white garments, and his face was illuminated like the light of the sun. He was joined by Moses and Elijah and the three talked about His "exodus" or departure through His Passion, death, and Resurrection.

Then God tells Peter, James, and John, "This is my beloved Son, listen to Him."

As we reflect on the Transfiguration story, realize that the entire Trinity was present – God the Father in voice, God the Son before them, and God the Holy Spirit in the magnificent light.

It all takes place high on a mountain, which in those days was considered a place to sincerely reflect and hope for great revelation.

Just days before this magnificent event Jesus told the



apostles, who were convinced he was the Messiah, that he was going to go to Jerusalem, the city of Kings. Contrary to what the apostles believed He was not going there to gain material blessings or earthly riches. He described he would go into the city and face a horrific death (Matthew 16:16-23). Jesus taught them that through his suffering and death would come the glory of freedom from sin, and the grace of everlasting life.

Later after the Transfiguration Peter, James, and John would be the apostles who would witness the extreme opposite of the magnificent vision of the transfiguration Jesus' agony in the garden of Gethsemane. Gone

would be the glorious sight of Jesus among the law and prophets of the Church.

Let the Feast of the Transfiguration of Jesus authentically amaze us to the point we ask ourselves; do we really listen to God? Do we do what is difficult in order to honor Him?

God invites us to do what is hard and difficult every day in the events that unfold in our daily lives.

Lord, help us to drop what we are doing to help one another. Help us to complete something that we know is for the greater good and not keep putting off. God gives us the grace to handle all challenges and difficulties. May we use our free will wisely. Let our prayers bring to us awareness of Christ's unconditional love for us.

For a reflection on the Transfiguration story check out All Things Catholic podcast with Dr. Edward Sri available online at: MEDIA.ASCENSIONPRESS.COM/PODCAST/THE-HIDDEN-MESSAGE-OF-THE-TRANSFIGURATION/

A Day to Simply Have Fun



Participants in the CCWVa Relatives as Parents Program enjoyed a day at Kennywood in July.

While for many of us, summer is a time of relaxation or perhaps a vacation, for some families this is not the case.

"Many of the parents in our Relatives as Parents Program cannot afford to take family trips," said Diana Bell, Catholic Charities West Virginia (CCWVa) Case Management Specialist. "For some, even going out to dinner is not possible. Each year we try to have at least one fun event for them."

CCWVa's Relatives as Parents Program (RAPP) serves families where caregivers other than the biological parents are raising children. We often see grandparents or aunts or uncles stepping in to raise children when their biological parents are not in a place to do so.

RAPP provides a variety of supports and interventions for these children and families. The program gives participating caregivers the resources they need to be informed, effective, and responsible parents.

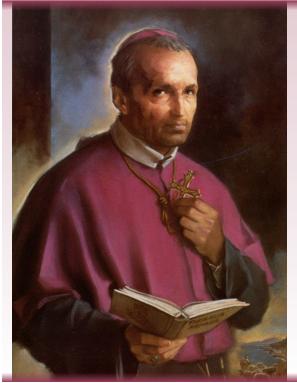
"Most of our families have at least two or more foster children they are caring for (one family has five foster kids) for various reasons," said Bell. "It is almost impossible to do

anything extra with all that may be going on with them."

This year RAPP had their annual outing at Kennywood. CCWVa provided entry, food and gas funding for participating families.

"We try to provide at least one experience where everyone can forget about some of the negatives and just be parents enjoying the day with their children," said Bell.

To learn more about Catholic Charities West Virginia and how to support your neighbors in need, please visit www. Catholic Charities WV.org.



St. Alphonsus, pray for us!

August 1 is the feast day for St. Alphonsus Maria de' Ligouri. We recite the words of St. Alphonsus when we pray The Way of the Cross for the stations of the cross, and offer our prayer for Spiritual Communion. He is one of the great writers of our times.

In this first year of the National Eucharistic Revival let us echo his words on Adoration:

"Know also that you will probably gain more by praying fifteen minutes before the Blessed Sacrament than by all the other spiritual exercises of the day. True, Our Lord hears our prayers anywhere, for He has made the promise, 'Ask, and you shall receive,' but He has revealed to His servants that those who visit Him in the Blessed Sacrament will obtain a more abundant measure of grace."

EIGHTEENTH SUNDAY IN ORDINARY TIME

First Reading: Ecclesiastes 1:2; 2:21-23

Our focus should not be greedy and selfish, acquiring material wealth. What great fortune does God want for you?

Responsorial Psalm: Psalm 90

"If today you hear his voice, harden not your hearts."

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Second Reading: Colossians 3:1-5, 9-11

Saint Paul tells us to be successful is to have your priorities straight and focus on Christ and the rewards in heaven not the shallow evil desires and riches of this world. Keep your eyes towards heaven.

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Gospel: Luke 12:13-21

Jesus teaches us that the wealthy are fools to believe they can purchase happiness. Seek the riches of what matters to God.

CLICK HERE FOR FULL SCRIPTURE TEXT
BIBLE.USCCB.ORG/BIBLE/READINGS/073122.CFM

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PRAYER INTENTIONS

For the Church, that together we remain focused on the joys of eternal life and be an inspiring reflection of the lessons Christ taught us for our families and our world, let us pray to the Lord. . .

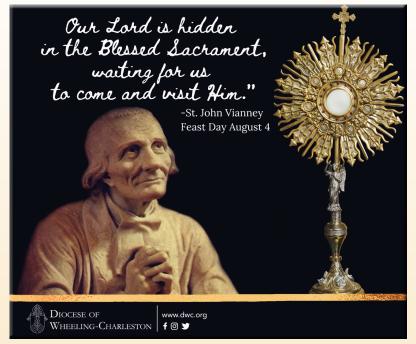
For small businesses, in the midst of economic and social crisis, may they find ways to continue operating, and serving their communities, let us pray to the Lord. . .

For our priests, may God bless their thoughts so they know how to be a true shepherd, bless their words so their message is clear and inviting, and their hearts so they can be tireless and powerful in their devotion to Christ, His Church, and the faithful, let us pray to the Lord. . .

For all the faithful, that we keep our eyes on heaven, working like the apostles, early disciples, and the saints to bring the light of Christ into our families and our world, especially where that light diminished, let us pray to the Lord. . .

Lord hear our prayer

St. John Vianney Memorial ~ August 4



Saint John Vianney is well known as the patron saint of priests. However, as a model shepherd his words inspire all of us to celebrate the true presence of Christ in the Blessed Sacrament. In this three-year National Eucharistic Revival look to St. John Vianney for inspiration and ask him to intercede for us as we pray for our special intentions and those of our Church family.

Quotes from this great saint about the Blessed Sacrament.

"When we come from our Communions, if anyone said to us: 'What are you taking home with you?' we should be able to reply: "I am carrying away Heaven!"

"When you awake in the night, transport yourself quickly in spirit before the Tabernacle, saying: 'Behold, my God, I come to adore You, to praise,

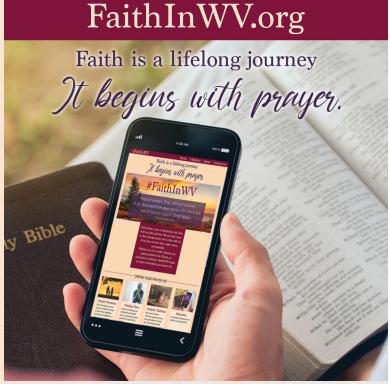
thank, and love you, and to keep you company with all the Angels."

"Not to go to communion is like someone dying of thirst beside a spring."

We do not have to talk very much to pray well. We know that God is there in His Holy Tabernacle. Let us open our hearts to Him, let us rejoice in His sacred presence. This is the best prayer."

A LITTLE CATHOLIC HUMOR





Liturgy of the Hours LITURGY OF THE HOURS

Pray the prayer for this day, this hour! <u>EBREVIARY.COM LITURGY OF THE HOURS</u>

Scan the OR code or visit the link below to view a PDF version of the Liturgy of the Hours.



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MASS ONLINE

Saturday 6pm Masses will continue to be livestreamed from the Cathedral of St. Joseph, and will be available on our website each Sunday at DWC.ORG.

Below are four options for enriching your spirit through daily Mass online.

- EWTN airs daily Mass from Our Lady of Angels Chapel, in Irondale, Alabama, at 8am, noon, and 7pm: HTTPS://WWW.EWTN.COM/TV/WATCH-LIVE
- St. Patrick's Cathedral in New York has daily Mass live streamed at 7am: HTTPS://SAINTPATRICKSCATHEDRAL.ORG/LIVE
- Catholic TV also streams its daily Mass: http://catholictv.org/masses/catholictv-mass
- Daily Mass Online at Notre Dame' Basillica of the Sacred Heart is live at 11:30 am Monday-Friday: HTTPS://CAMPUSMINISTRY.ND.EDU/MASS-WORSHIP/BASILICA-OF-THE-SACRED-HEART/WATCH-MASS/SPECIAL-MASSES/