



## CELEBRATE THE SOURCE & SUMMIT OF OUR FAITH



The Solemnity of The Most Holy Body and Blood of Christ - the feast of Corpus Christi - celebrates the tradition and belief in the body and blood of Jesus Christ and His true presence in the Eucharist.

As we receive Communion at Mass, we are honoring and celebrating Christ in the Eucharist and our lives. The Church teaches us the Eucharist is “the source and summit of the Christian life.”

“Everything in our life leads up to it and all our power to live in newness of life and to love as Jesus loved flows from it,” Bishop Mark Brennan said in a May letter to the Faithful of WV. “The Eucharist is nothing less than Jesus Christ in person. In a mysterious way that we can describe but not truly explain, he changes bread and wine in their deepest reality into his Body and Blood, so that he can build us up from within. A genuine belief in

the Real Presence of Christ in the Eucharist is essential to Catholic faith and to receiving the benefits of our Holy Communion.”

The solemnity of Corpus Christi “is a time to reaffirm our faith in

Christ’s Real Presence in the Eucharist,” Bishop Mark Brennan said. “But it should not be limited to Mass.”

He has encouraged our pastors to host public processions in which the Eucharist is carried through the street, “letting us Catholics show our friends and neighbors, whether Catholic or not, that we joyfully proclaim our faith in the Eucharistic Lord.”

St. John gives us the Bread of Life Discourse in John 6:22-71. This reading is “an excellent opportunity to deepen our understanding of the Eucharist,” Bishop Brennan said.

“John takes us from seeing Jesus feed thousands with ordinary bread as a sign of his messiahship, to hearing the call to put our faith in Jesus as the new manna sent

down

from heaven,

to grasping

that everything

about him –

his words, his

actions, his

person – is

‘bread’ for us

to feed on, to

believing that

he, the living

bread from

heaven, offered

his flesh for the

life of the world,

to recognizing,

finally, that Jesus’ Body is ‘true food’ and his Blood

‘true drink,’ the densest, most concrete presence of him

who suffered, died and rose again for our sake. I urge

homilists to preach on these Eucharistic themes and the

faithful to meditate at Mass and at home on the intense

love that moves the Son of God to give himself to us as

food for our journey of faith.”



## CREATING A MORE ACCESSIBLE SPACE



Contractors widen a bathroom doorway to be accessible for all clients.



The CCWVa Martinsburg office received a \$29,835 Women Investing in Shepherd (WISH) grant to modify the bathroom facilities to be handicap accessible.

By Trina Bartlett, CCWVa Eastern Regional Director

Imagine you have an in-person job interview and need clean clothes to wear, but you cannot afford to go to the laundromat. Perhaps you have four school-age children and your water has been shut off. Maybe you are experiencing homelessness and do not have a place to take a shower.

For many of our neighbors, these are real situations. Fortunately, our staff in the Martinsburg office has been able to address them by offering free shower and laundry services. Unfortunately, the washer and dryer unit, as well as the shower, have been on the second floor, which is accessible only by a narrow stairway. Additionally, the shower stall did not accommodate people with physical disabilities.

In the fall of 2020, Catholic Charities West Virginia received a \$29,835 Women Investing in Shepherd (WISH) grant from the Shepherd University Foundation to modify the bathroom facilities on the first floor to add a handicap accessible shower and to accommodate the washer and dryer unit. Remaining grant funds will be used to purchase laundry detergent, soap, and shampoo, and to pay monthly water bills.

Many individuals seeking assistance from Catholic Charities and other social service agencies have mobility issues, with many using wheelchairs, walkers and canes. Additionally, some individuals are arthritic or have oxygen tanks. By moving these services to the first floor and ensuring the facilities are accessible to people with disabilities, services will be available to more people.

To learn more about Catholic Charities West Virginia, visit [www.CatholicCharitiesWV.org](http://www.CatholicCharitiesWV.org).

*The Mission of Catholic Charities West Virginia: Guided by God's love, Catholic Charities collaborates with community partners, parishes and families to provide caring and compassionate services to people in need and work toward lasting and meaningful change.*

## SHORT & SWEET SALUTATION

Just an acknowledgement that we will be scaling down the content of our FaithInWV e-bulletin for the summer.

It is our pleasure and privilege to bring the entire state, not only the worship aid with the weekend Mass readings and prayer intentions, but also feature stories about the saints, diocesan announcements, and prayer resources to keep the faithful engaged.

We are honored to receive your kind words and responses to this publication. Continue to follow us and our features on social media ([FACEBOOK.COM/DIOCESEOFWHEELINGCHARLESTON](https://www.facebook.com/DIOCESEOFWHEELINGCHARLESTON) and [TWITTER.COM/DWC1850](https://twitter.com/DWC1850)) and the [DWC.ORG](http://DWC.ORG) website and [FAITHINWV.ORG](http://FAITHINWV.ORG).

Let us all strengthen our FAITH IN WV, giving hope, rising above the odds, and being a blessing to others. Let us continue to find the good in all circumstances, letting others see Christ in us especially in times of uncertainty and adversity.

*God bless our Almost Heaven West Virginia.*



# THE SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST

## First Reading EXODUS 24:3-8

When Moses came to the people and related all the words and ordinances of the LORD, they all answered with one voice, "We will do everything that the LORD has told us." Moses then wrote down all the words of the LORD and, rising early the next day, he erected at the foot of the mountain an altar and twelve pillars for the twelve tribes of Israel. Then, having sent certain young men of the Israelites to offer holocausts and sacrifice young bulls as peace offerings to the LORD, Moses took half of the blood and put it in large bowls; the other half he splashed on the altar. Taking the book of the covenant, he read it aloud to the people, who answered, "All that the LORD has said, we will heed and do." Then he took the blood and sprinkled it on the people, saying, "This is the blood of the covenant that the LORD has made with you in accordance with all these words of his."

## Responsorial PSALMS 116:12-13, 15-16, 17-18

**R. Alleluia.**

How shall I make a return to the LORD for all the good he has done for me? The cup of salvation I will take up, and I will call upon the name of the LORD.

**R. Alleluia.**

Precious in the eyes of the LORD is the death of his faithful ones. I am your servant, the son of your handmaid; you have loosed my bonds.

**R. Alleluia.**

To you will I offer sacrifice of thanksgiving, and I will call upon the name of the LORD. My vows to the LORD I will pay in the presence of all his people.

**R. Alleluia.**

## Second Reading HEBREWS 9:11-15

Brothers and sisters: When Christ came as high priest of the good things that have come to be, passing through the greater and more perfect tabernacle not made by hands, that is, not belonging to this creation, he entered once for all into the sanctuary, not with the blood of goats and calves but with his own blood, thus obtaining eternal redemption. For if the blood of goats and bulls and the sprinkling of a heifer's ashes can sanctify those who are defiled so that their flesh is cleansed, how much more will the blood of Christ, who through the eternal Spirit offered himself unblemished to God, cleanse our consciences from dead works to worship the living God. For this reason he is mediator of a new covenant: since a death has taken place for deliverance from transgressions under the first covenant, those who are called may receive the promised eternal inheritance.

## Sequence

Lo! the angel's food is given To the pilgrim who has striven;  
see the children's bread from heaven, which on dogs may not be spent.  
Truth the ancient types fulfilling, Isaac bound, a victim willing,  
Paschal lamb, its lifeblood spilling, manna to

the fathers sent. Very bread, good shepherd, tend us, Jesu,  
of your love befriend us, You refresh us, you defend us, Your  
eternal goodness send us In the land of life to see. You who all  
things can and know, Who on earth such food bestow, Grant  
us with your saints, though lowest, Where the heav'nly feast  
you show, Fellow heirs and guests to be. Amen. Alleluia.

## Alleluia

**R. Alleluia, alleluia.**

I am the living bread that came down from heaven, says the Lord; whoever eats this bread will live forever.

**R. Alleluia, alleluia.**

## Gospel MARK 14:12-16, 22-26

On the first day of the Feast of Unleavened Bread, when they sacrificed the Passover lamb, Jesus' disciples said to him, "Where do you want us to go and prepare for you to eat the Passover?" He sent two of his disciples and said to them, "Go into the city and a man will meet you, carrying a jar of water. Follow him. Wherever he enters, say to the master of the house, 'The Teacher says, "Where is my guest room where I may eat the Passover with my disciples?"' Then he will show you a large upper room furnished and ready. Make the preparations for us there." The disciples then went off, entered the city, and found it just as he had told them; and they prepared the Passover. While they were eating, he took bread, said the blessing, broke it, gave it to them, and said, "Take it; this is my body." Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, "This is my blood of the covenant, which will be shed for many. Amen, I say to you, I shall not drink again the fruit of the vine until the day when I drink it new in the kingdom of God." Then, after singing a hymn, they went out to the Mount of Olives.

## PRAYER INTENTIONS

That all Christians, nourished by the Body and Blood of Christ, may go forth into the world to share the mercy and love of God with those most in need, let us pray to the Lord. . .

For our leaders, that they may strive to ensure that no one in this wealthy nation is left starving or malnourished, no matter their circumstances, let us pray to the Lord. . .

For all those who regularly go hungry and thirsty, who never experience the assurance of having plenty to eat and drink, that they may be showered with the Lord's bounty, let us pray to the Lord. . .

For those in our parish who are unable to join us in person and for the ministers of Communion who bring the Eucharist to them, let us pray to the Lord. . .

*Lord hear our prayer*

# LET US GO *Rejoicing* TO THE HOUSE OF THE LORD.

PSALM 122

## UPDATED GUIDELINES RELEASED

Bishop Mark E. Brennan released updated guidelines for our churches and facilities.

- New Norms for Reopening Parish Facilities for Meetings and Gatherings
- Updated Liturgical Guidelines
- Music Protocols for Liturgical Celebrations

These are available online at [www.dwc.org](http://www.dwc.org).

## *Liturgy of the Hours* LITURGY OF THE HOURS

Pray the prayer for this day, this hour!

Scan the QR code or visit the link below to view a PDF version of the Liturgy of the Hours.

[EBREVIARY.COM](http://EBREVIARY.COM) [LITURGY OF THE HOURS](http://LITURGY OF THE HOURS)



## WV CATHOLIC RADIO BROUGHT TO YOU BY YOU

Berkeley Springs - Hancock, MD	FM	96.3
Berkeley Springs	FM	107.9
Clarksburg-Bridgeport	FM	97.5
Dunbar - Charleston	AM	1450
Grafton - Clarksburg	AM	1190
Montgomery - Beckley	FM	89.7
Purgitsville	FM	98.7
St. Marys - Parkersburg	FM	105.3
Star City - Morgantown	FM	89.7
Summersville	FM	91.3
Wheeling - Martins Ferry, OH	FM	90.7
Weirton - Steubenville	FM	97.7

~Also Streaming in WV at [www.rdo.to/WLOL](http://www.rdo.to/WLOL)~

WV Catholic Radio [www.WVCatholicRadio.org](http://www.WVCatholicRadio.org)

## A LITTLE CATHOLIC HUMOR

### PRAYER PUPS BY JEFFREY SMITH



## ENROLL TODAY

WV Catholic Schools

Empowered  
by knowledge.  
Transformed  
by faith.



**Register today**

**[wvcatholicschools.org](http://wvcatholicschools.org)**

## MASS ONLINE

Saturday 6pm Masses will continue to be livestreamed from the Cathedral of St. Joseph, and will be available on our website each Sunday at [DWC.ORG](http://DWC.ORG).

Below are four options for enriching your spirit through daily Mass online.

- EWTN airs daily Mass from Our Lady of Angels Chapel, in Irondale, Alabama, at 8am, noon, and 7pm: [HTTPS://WWW.EWTN.COM/TV/WATCH-LIVE](https://www.ewtn.com/tv/watch-live)
- St. Patrick's Cathedral in New York has daily Mass live streamed at 7am: [HTTPS://SAINTPATRICKSCATHEDRAL.ORG/LIVE](https://saintpatrickscathedral.org/live)
- Catholic TV also streams its daily Mass: [HTTP://CATHOLICTV.ORG/MASSES/CATHOLICTV-MASS](http://catholicTV.org/masses/catholicTV-mass)
- Daily Mass Online at Notre Dame' Basilica of the Sacred Heart is live at 11:30 am Monday-Friday: [HTTPS://CAMPUSMINISTRY.ND.EDU/MASS-WORSHIP/BASILICA-OF-THE-SACRED-HEART/WATCH-MASS/SPECIAL-MASSSES/](https://campusministry.nd.edu/mass-worship/basilica-of-the-sacred-heart/watch-mass/special-masses/)