

Experience the Stations of the Cross with St. Joseph

As we conclude our year of St. Joseph in the Diocese of Wheeling-Charleston, we encourage you to follow Fr. Edward Looney of the Diocese of Greenbay, praying the Stations of the Cross with St. Joseph. Father Looney invites faithful to turn to St. Joseph's intercession as we walk beside his Son.

He shows how we can parallel the life of the Holy Family to that of the Stations of the Cross and in doing so call upon the intercession of the Guardian of the Redeemer in this traditional Lenten devotion.

As we reflect on the first station - Jesus is condemned to death - you will hear Fr. Looney share, "St. Joseph knew to some extent that this would one day happen, because Simeon prophesied this in the temple, 'Behold, this child is destined for the fall and rise of many in Israel, and to be a sign that will be contradicted'(Luke 2: 34)."

As you journey along the stations in this special devotion, we are guided to reflect on the Holy Family. Father Looney asks us to picture St. Joseph in his wood shop with Jesus at his feet; how St. Joseph and Mary would come to the aid of young Jesus, when He fell to make sure He was okay and tend to His wounds; and how St. Joseph protected Jesus during his infancy by fleeing to Egypt when someone wanted to put him to death.

After each station there is a reflection, calling upon St. Joseph's help for the faithful, including a cry to help us "be silent, so I may never crucify anyone by my words," and "watch over families who have experienced a recent loss; be with the widowers and comfort the bereaved."



In the 14th station we concentrate on the fact that since Jesus' infancy, "His death already was foreshadowed. The kings' gift of myrrh anticipated the day of burial. Received first by Joseph and Mary, now the body of Jesus has been anointed, and for three days Christ sanctifies the tomb for all who believe in him. Let us not forget that wherever St. Joseph might have been buried, Jesus would have visited the tomb."

The concluding prayer of the Stations of the Cross with St. Joseph with Fr. Looney:

Thank you, Jesus, for allowing me to walk these stations with you. Thank you for giving us St. Joseph as an intercessor in our time of need. As I journey my own way of the cross for the years ahead, may I always remember that I have St. Joseph whose help I can turn to, in imitation of you my dear Savior, and your Blessed Mother. Amen.

Pray the Stations with Fr. Looney on YouTube here: YOUTU.BE/UFK5O0PAGUM

SISTER MARY EPHREM'S VISIONS OF ST. JOSEPH REVEAL HIS PURE HEART, YOUTHFULNESS, AND WISDOM

More than 60 years ago, Sister Mary Ephrem (also known as Sister Mary Mildred Neuzil) recorded apparitions of both our Blessed Mother and St. Joseph. While the church has not recognized the experiences, as objective supernatural occurrences (such as Fatima, Guadalupe, and Lourdes), they are considered beautiful moments revealing the heart of St. Joseph, his youthfulness, his cloak, and his wisdom.

Sister Mary continually shared the occurrences with her spiritual director Monsignor Paul Leibold, who was the vicar general for the Archdiocese of

Cincinnati (later the Bishop of Evansville, and Archbishop of Cincinnati). She published these revelations with the imprimatur (endorsement) of Archbishop Leibold. (You can read her diary by CLICKING HERE.)

On March 11, 1958, Sister Mary wrote in her journal that the Blessed Mother - Our Lady of America said to her: "St. Joseph will come on the eve of his feast. Prepare yourself well. There will be a special message. My holy spouse has an important part to play in bringing peace to the world."

Saint Joseph came as promised and said to Sister Mary:

"Kneel down, my daughter, for what you will hear and what you will write will bring countless souls to a new way of life.

"Through you, small one, the Trinity desires to make known to souls Its desire to be adored, honored, and loved within the kingdom, the interior kingdom of their hearts.



"I bring to souls the purity of my life and the obedience that crowned it.

"All fatherhood is blest in me whom the Eternal Father chose as His representative on earth, the Virgin-Father of His own Divine Son. Through me the Heavenly Father has blessed all fatherhood, and through me He continues and will continue to do so till the end of time.

"My spiritual fatherhood extends to all God's children, and together with my Virgin Spouse I watch over them with great love and solicitude."

He went on to say, "Let fathers also imitate my great purity of life and the deep respect I held for my Immaculate

Spouse. Let them be an example to their children and fellowmen, never willfully doing anything that would cause scandal among God's people.

"Fatherhood is from God, and it must take once again its rightful place among men."

Sister Mary wrote she saw the "most pure heart" of St. Joseph, and it was resting on a brown cross with flames pouring out of the heart and a lily in the midst of the flames.

According to her journals St. Joseph said, "Behold this pure heart so pleasing to Him who made it. The cross, my little one, upon which my heart rests, is the cross of the Passion, which was ever present before me, causing me intense suffering."

Let us call to mind St. Joseph and the role he played in the life of Jesus Christ. Let us ask him to intercede for us as we pray for the protection of our own fathers, family, and faith.

The Annunciation ~ March 25



During Lent, while we wait for the Resurrection of our Lord and Savior, we honor Annunciation. It is the announcement of conception of God the Son through the Holy Spirit by Angel Gabriel to the Blessed Virgin Mary.

We know Mary's :38). "Behold I am

response through the Gospel of Luke (1:38), "Behold, I am the handmaid of the Lord. May it be done to me according to your word."

It is a great day to pray the Angelus. This is a beautiful meditative prayer that is traditionally said three times a day – dawn, midday and dusk (or 6 am, noon, and 6 pm). It shows our respect to Mary and encourages us to imitate her. Let this prayer remind us and help us teach the children in our lives that we should not always ask God to do things for us but show him we are willing to do for him. Praying the Angelus everyday gives us the opportunity to purposefully pause, remember the amazing mystery of the Incarnation, and honor our Blessed Mother Mary.

ANGELUS

The Angel of the Lord declared to Mary: And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Behold the handmaid of the Lord: Be it done unto me according to thy word.

Hail Mary ...

And the Word was made Flesh: And dwelt among us.

Hail Mary ...

Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.



Let us pray:

Pour forth, we beseech Thee, O Lord, thy grace into our hearts; that we, to whom the incarnation of Christ, thy son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection, through the same Christ Our Lord.

Amen.



Blessed Carlo Acutis Youth Adventure Camp

With Him on the Mountain

We are a Catholic youth adventure camp that ministers to youth through rock climbing, equestrian activities, archery, Adoration, overnight backpacking, outdoor Mass and more!

Register your camper at CampCarlowv.org by June 1st to receive our early bird rate of \$275.

<u>June 26th – July 2nd</u>, A "catch all week" from 3rd grade through 12th grade.

<u>July 3rd – July 9th</u>, Rising 6th graders to 8th graders. <u>July 10th – July 16th</u>, Rising freshmen to seniors in high school.

<u>July 17th – July 23rd</u>, A "catch all week" from 3rd grade through 12th grade.

<u>July 24th – July 30th,</u> "A Camp Carlo Summer Vacation" free program for 7-12 year olds who receive support from the government or Catholic Charities.





Celebrating National Child and Adult Care Food Program Week March 13-19, 2022

A key part of the mission of Catholic Charities West Virginia (CCWVa) is working to ensure that every child in our state has access to the services that he or she needs to be healthy, happy, and to reach his or her full potential.

Our CCWVa Child Care Food Program helps to support the health and growth of children by supporting healthy meal choices in homes of child care providers. Our program provides education and assistance to care givers in meal planning and application for meal reimbursements.

March 13-19, 2022 is National Child and Adult Care Food Program (CACFP) Week.

"This week especially, we celebrate the partnership between parents, children, providers, and Catholic Charities West Virginia, recognizing the important role that the CACFP plays in promoting lifelong healthy eating habits in children," said Jane Rose, CCWVa Child Care Food Program Director.

The primary goal of the Child and Adult Care Food Program (CACFP) is to serve nutritious meals to children attending child care homes and centers. Secondary goals are: 1. The establishment of positive eating habits at the earliest stages of development; 2. Reduction of future health care and education costs due to lack of proper early development; 3. Training and support of local child care personnel.

"Children in our program gain from early nutrition education that helps them establish positive eating habits that will enrich the quality of their diet throughout their lives," said Rose.

Child care providers in the program receive nutrition education and support services that help them serve nutritious meals and create a positive eating environment for children.

"The quality of child care provided in West Virginia is improved due to educational and financial resources available to caregivers through our program," said Rose.

The CCWVa Child Care Food Program serves children in 29 counties of West Virginia.

Through the CCWVa Child Care Food Program and all of our children's services, we work to give the young people in our state the best possible start, helping to ensure that their opportunity to succeed is not hampered by circumstances beyond their control.

To learn more about Catholic Charities West Virginia, please visit www.CatholicCharitiesWV.org.

The Mission of Catholic Charities West Virginia: Guided by God's love, Catholic Charities collaborates with community partners, parishes, and families to provide caring and compassionate services to people in need and work toward lasting and meaningful change.



THIRD SUNDAY OF LENT

This week's readings

First Reading EXODUS 3:1-8a, 13-15

Today we hear how God grabs Moses' attention with a burning bush. God identifies himself as the God of Abraham, Isaac, and Jacob. He is the God of all creation. He hears the cries of His people. He knows when they are struggling. He is the God of action for His faithful. He is the great I AM!

Responsorial PSALMS 103: 1-2, 3-4, 6-7, 8, 11

The Lord is kind and merciful.

Second Reading 1 CORINTHIANS 10:1-6, 10-12

Saint Paul writes we need to learn from our ancestors – their mistakes and poor choices.

Gospel LUKE 13:1-9

Saint Luke writes about a sensationalized story people told Jesus that made others look bad. Jesus stops and questions them. He tells them we need to repent as sinners and renew ourselves – just as a gardener toils and cares for even his most unproductive plants. He gives hope.

Full scripture text for today's readings can be found at: BIBLE.USCCB.ORG/BIBLE/READINGS/032022-YEARC.CFM

PRAYER INTENTIONS

For the Church, that St. Joseph the patron of the Universal Church, protect her and the faithful as we continue our journey together this Lent, let us pray to the Lord. . .

For government leaders, that they work together for justice and peace, let us pray to the Lord. . .

For all who will enter the Church this Easter, that they always know Christ's goodness and mercy, let us pray to the Lord. . .

For all of us in the Diocese of Wheeling-Charleston, that we inherently turn to St. Joseph to intercede for us and guide us through the path of life of earth, as he did for Jesus and the Blessed Virgin Mary, let us pray to the Lord. . .

Lord hear our prayer

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- Resources

Inspire your life by reading stories about fellow catholics throughout the state of West Virginia spreading joy and sharing God's word.

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A LITTLE CATHOLIC BLESSING



Liturgy of the Hours LITURGY OF THE HOURS

Pray the prayer for this day, this hour! <u>EBREVIARY.COM LITURGY OF THE HOURS</u>

Scan the OR code or visit the link below to view a PDF version of the Liturgy of the Hours.



WV CATHOLIC RADIO

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MASS ONLINE

Saturday 6pm Masses will continue to be livestreamed from the Cathedral of St. Joseph, and will be available on our website each Sunday at DWC.ORG.

Below are four options for enriching your spirit through daily Mass online.

- EWTN airs daily Mass from Our Lady of Angels Chapel, in Irondale, Alabama, at 8am, noon, and 7pm: HTTPS://WWW.EWTN.COM/TV/WATCH-LIVE
- St. Patrick's Cathedral in New York has daily Mass live streamed at 7am: HTTPS://SAINTPATRICKSCATHEDRAL.ORG/LIVE
- Catholic TV also streams its daily Mass: http://catholictv.org/masses/catholictv-mass
- Daily Mass Online at Notre Dame' Basillica of the Sacred Heart is live at 11:30 am Monday-Friday: HTTPS://CAMPUSMINISTRY.ND.EDU/MASS-WORSHIP/BASILICA-OF-THE-SACRED-HEART/WATCH-MASS/SPECIAL-MASSES/