

October 31, 2021

All Saints Day ~ Not Just Another Holy Day It's All about You!



November 1st is an important day in your life! It's a day to remember all those who guide you, protect you, and intercede for you. The Church declares November 1st the Solemnity of All Saints in honor of saints officially named and unnamed.

Take advantage of this day – it's all about you! Take a moment and recall the faithful in your life who have enriched your spirit and deepened your faith. Sure, they may be the canonized saints you have read about, but they may also be your grace filled family

or friends who strengthened your love of Christ through their example. This is your community of saints – your cloud of witnesses.

Saint Paul reminds us in Hebrews 12:1, "Therefore, since we are surrounded by so great a cloud of witnesses, let us rid ourselves of every burden and sin that clings to us and persevere in running the race that lies before us...."

The great apostle is telling us that we need to have confidence as we run our race on earth, because we are surrounded everyday by great prophets and saints who are cheering us on and are there in spirit to pick us up, when we stumble.

Think about your personal cloud of witnesses who have deepened your faith. God put them in your life for a reason, Pope Francis has said many times. They, like Christ, are always with us.



"God never abandons us. Each time we need it, one of his angels will come to lift us up again and give us comfort; 'angels,' at times with a human face and heart because God's saints are always here, hidden in our midst. This is difficult to understand and also to imagine, but saints are present in our lives," Pope Francis, General Audience, June 21, 2017.

Because our saints are eternally in God's presence, they all intercede for us before God. Acknowledge them as they accompany you on your journey to earn heaven. Let their spirit and grace encourage you each day. Above all, remember them today.

Note: The images presented are among the 25 "Communion of Saints" tapestries of life-sized saints by artist John Nava, which are in the Cathedral of Our Lady of the Angels in Los Angeles. Nava placed ordinary people among the canonized saints of the Church to give the message of hope and a tangible connection. To see a gallery of Nava's work in OLA go to: www.OLACATHEDRAL.ORG/TAPESTRIES

The Gospel for All Saints Day

Matthew shares Christ's teachings of how to be a saint in the eyes of God in Matthew 5:1-12a – the Beatitudes.

"Blessed are the poor in spirit, for theirs is the Kingdom of heaven.

Blessed are they who mourn, for they will be comforted.

Blessed are the meek,

for they will inherit the land. Blessed are they who hunger and thirst for righteousness,

for they will be satisfied. Blessed are the merciful,

for they will be shown mercy. Blessed are the clean of heart,

for they will see God.

Blessed are the peacemakers, for they will be called

children of God. Blessed are they who are persecuted for the sake of righteousness,

for theirs is the Kingdom of heaven.

Blessed are you when they insult you and persecute you

and utter every kind of evil against you falsely because of me.

Rejoice and be glad,

for your reward will be great in heaven."



PRAY FOR THE FAITHFUL DEPARTED All Souls Day is November 2^{ND}

Don't forget about All Souls Day! This is a day the Church **PRAYER FOR THE HOLY SOULS IN PURGATORY BY ST.** reminds us to pray for the souls who have died. Praying for **GERTRUDE THE GREAT** the dead is one of the Spiritual Works of Mercy. It is our (It is believed that 1,000 souls are released from purgatory by praying prayers that help these souls move into heaven – in heaven this prayer with a sincere heart!): they will be praying for us.



In fact, the month of November in the Catholic church is dedicated to praying for the souls of all the faithful departed. We learn at Mass, Catholic school, and catechism classes that it's important to pray for the souls of those in Purgatory the place where souls are perfected for entering heaven. The final intercessions in the Eucharistic Prayers are for the deceased. The priest and the Church pray in Eucharistic Prayer III: "To our departed brothers and sisters and to all who were pleasing to you at their passing from this life, give kind admittance to your kingdom. There we too hope to enjoy forever the fullness of your glory through Christ our Lord, through whom you bestow upon the world all that is good."

In Eucharist Prayer IV we acknowledge that only God knows the fate of the soul, "Remember... all the dead, whose faith you alone have known...." This emphasizes the need to pray for all souls throughout November and always.

Here are a few prayers appropriate for All Souls Day and the month of November as we remember our loved ones who have passed and those holy souls in purgatory.

THE COMMONLY KNOWN REQUIEM PRAYER:

"Eternal rest grant unto them, O Lord,

and let perpetual light shine upon them.

May the souls of all the faithful departed, through the mercy of God, rest in peace."

Eternal Father.

I offer You the most precious blood of thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal Church, for those in my own home, and in my family. Amen.

PRAYER FOR ALL SOULS

(Missionaries of the Sacred Hearts of Jesus and Mary):

Dear God of Mercy, I pray this day for all souls, both known and unknown to me, who, although touched by death, have not yet entered Your Heavenly Kingdom. While they loved you in their lifetime, they failed in some way to attain the perfection Heaven demands. So, in my love for them, I offer my prayers, my small works of mercy in the hope that Your mercy will flow to them and bring them to eternal peace with You.

May they intercede for me for the graces I may need to live out my life on earth in perfect obedience and love of You, my Father, so that I, too, may join them in everlasting life with You in Heaven.

May the souls of the faithful departed rest in peace. Amen



FAITHFUL INVITED TO PREPARE, REFLECT ON SYNOD PROCESS

s Pope Francis invited all the baptized around the 1.) COMPANIONS ON THE JOURNEY ${
m A}_{
m world}$ to journey together in a global listening process the Church has named, "Synod for a Synodal Church: Communion, Participation, and Mission;" Bishop Mark Brennan is eager to move forward at our local level.

In preparatory documents, Pope Francis has said, "the purpose of this Synod, is not to produce documents, but to plant dreams, draw forth prophecies and visions, allow hope to flourish, inspire trust, bind up wounds, weave together relationships, awaken a dawn of hope, learn from one another, and create a bright resourcefulness that will enlighten minds, warm hearts, give strength to our hands." Likewise, Bishop Brennan said as we begin the Synod process in the Diocese, we do so "with the hope that it will help us to be a better church, more faithful to the Lord, more fruitful to good works, and more committed to sharing our faith."

The process of training Parish Coordinators on how to conduct listening sessions is underway with many moving forward with their individual sessions around the diocese. Each parish or in smaller congregations a group of parish(s) and missions will hold a local meeting between November and February. Once notified of the dates, the Diocese will compile a listing of listening session on its website, dwc.org. The documents from the local levels will be collected by March 1, 2022, with the diocesan level report finalized by April 1, 2022. The report will reflect the spirit, attitude, and dreams of the faithful for the Church as presented during the parish listening sessions.

What can parishes, schools, and Catholic communities do now?

The faithful are encouraged to be alert to their parish's routine means of communication, such as bulletins, websites, social media pages, and emails, which will announce specific details about their local synod process.

Additionally, to give the faithful ample time for prayerful discernment, the following Synod questions among the ten categories that will be presented in the local listening sessions is being provided. Bishop Brennan echoes the Holy Father's advice - in order to come into your local session prepared with open hearts, we must invite the Holy Spirit to guide all of us and our responses, so we are in sincere harmony to do what God calls us.

- - In our Church, who are those who we "walk" with on our faith journey?
 - Who are those most active in our parish?
 - Who are those who come to Mass quietly and leave quickly?
 - What can we do to be a more welcoming community, especially to those who feel left out or are less involved in the life of our parish?

2.) LISTENING

- · How is God speaking to us through others we encounter?
- How are the laity listened to in the Church, especially women and young people?
- What helps or prevents us from listening to them?
- Are we able to provide opportunities to hear the voices of minorities, those experiencing poverty and excluded from society?
- What are some limitations in our ability to listen, especially to those who have different views than our own?
- · How do we listen to the contributions of religious sisters and brothers?

3.) Speaking Out

- What barriers do we face when speaking up courageously, candidly, and responsibly in our parish and in our community?
- What enables us to speak up when something is important to us?
- How should we relate to and make use of the media?
- Who speaks on behalf of the Christian community and how are they chosen?

4.) Celebration

- Are we and other Catholics convinced that we truly receive Jesus himself in Holy Communion (the Eucharist) and not a mere symbol of him or just a piece of bread?
- How do prayer and liturgical celebrations actually inspire and guide our common life and mission to society?

- How do they inspire our decisions and our actions?
- How do we promote the active participation of all the faithful in the liturgy?
- How do we encourage parishioners to serve in a particular ministry?

5.) Sharing Responsibility for our Common Mission

- Since we are all missionary disciples, how is every baptized person called to participate in the mission of the Church?
- What might be some reasons that keep someone from participating in the mission of the Church?
- How does the church community support its members who serve society in various ways (social and political involvement, scientific research, education, promoting social justice, protecting human rights, caring for the environment, etc.)?
- How does the Church help these members to live out their service to society in a missionary way?

6.) DIALOGUE IN CHURCH AND SOCIETY

- Do we make sure to include a diverse group of people in our church community when we have a dialogue?
- Where does this dialogue take place? How do we promote collaboration with neighboring dioceses, religious communities in the area, lay associations and movements, etc.?
- How are differences, conflicts and difficulties addressed?
- What particular issues in the Church and society do we need to pay more attention to?
- What relationship do we have with believers of other religions and with those who have no religious affiliation?
- How does the Church interact with and learn from politics, economics, culture, civil society, and people who live in poverty?

7.) **E**CUMENISM

- What relationships do we have with members of other Christian traditions and denominations?
- How can we come together with them to continue the mission of the Church?
- What successes have we achieved working with other Christians?

• What prevents us from coming together?

8.) Authority and Participation

- How does a Bishop exercise authority in the Church?
- Who should he consult with?
- How does a pastor exercise authority in his parish?
- Who should he consult with?

9.) DISCERNING AND DECIDING

- How do we promote participation in decision-making within hierarchical structures?
- Do our decision-making methods help us to listen to the whole People of God?
- What is the relationship between consultation and decision-making, and how do we put these into practice?
- What tools and procedures do we use to promote transparency and accountability?

10.) FORMING OURSELVES IN SYNODALITY

- How do we create a Church community that promotes inclusion, listening to one another, participating in the mission, and engaging in dialogue?
- What type of formation do we need to offer our community to grow spiritually and ensure the participation of all the faithful?

SYNOD PRAYER

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever.

Amen.

This prayer is attributed to St. Isidore of Seville (560-636) and has been traditionally used at Councils and Synods for hundreds of years. The version below was specifically designed for the worldwide Church's Synodal journey from 2021 to 2023.

VOCATION AWARENESS WEEK IS NOV. 7-13

God is calling each of us! Make a commitment to pray for increased vocations.

The following was written by Sister Martha Gomez, Delegate for Consecrated Life in the Diocese of Wheeling-Charleston:



As we approach "Vocation Awareness Week" it is important to explore and meditate on what it means to be a sister, a brother, or a consecrated virgin currently in West Virginia.

We, as religious along with the rest of humanity, have been challenged to find meaning and ways to survive

in this ever-changing, contemporary life. We are not only dealing with diminishing numbers in our membership and the lack of vocations but also with the effects this pandemic has had on the world.

The present situation compels us to follow in the footsteps of those who have gone before us. The strong faith and courageous men and women who made sacrifices in their ministries for the sake of those whom they served. We must take on valor and continue to move on through changing, challenging future knowing that we will not be led astray by the One who continues to guide us and is the source of our



strength.

As I have the privilege of getting to know the sisters, brothers, and consecrated virgins serving in the diocese, I have no doubt that each of them is a beacon of light helping others in

exploring and making decisions in their lives.

We are conscious of the uncertainty of our future, but whatever we must face we will do it with dignity and with faith that God is in control. We are his companions on the journey, and at the end we will say "We only did what we're asked to do."

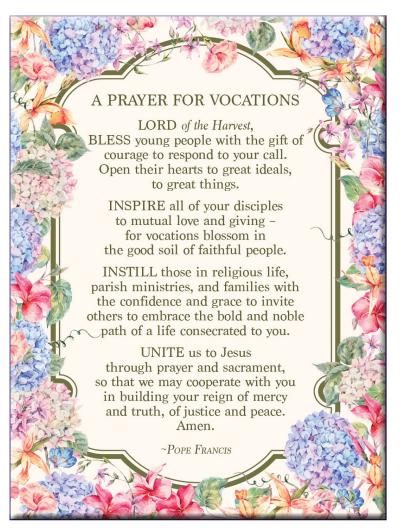
As you have been reading not only in the Catholic Spirit, but also in the social media how involved the sisters, brothers and consecrated virgins are throughout the State. We are involved in many ministries within the diocese. I often hear comments of those who are in the front line of how challenging, but at the same time how rewarding is the work they do for the people of West Virginia. We have St. Joseph Retreat Center in Wheeling, WV under the direction and guidance of the Sisters of St. Joseph and Miss Anna Marie Troiani. The (WVIS) West Virginia Institute of Spirituality in Charleston, WV directed by

Sister Carole Riley and her Team. We serve the poor and the needy by directing or participating in health organizations, soup kitchens, Catholic Charities WV., parishes, as well as the many volunteers in a variety of works that are needed in the church.



The presence of the religious in our diocese is very well appreciated first by our Bishop Mark Brennan and the people of the Diocese. We thank them for their continuous ministry to the people of West Virginia.

I invite you to take time and talk to a Priest, Sister, Brother, or Consecrated Virgin and ask them to share their stories of their vocation. Pray for us!



Catholic Charities West Virginia

Providing Nutritious Foods for Children in West Virginia

By Katie Hinerman Klug, Catholic Charities West Virginia Marketing Communications Specialist



A key part of the mission of Catholic Charities West Virginia (CCWVa) is working to ensure that every child in our state has access to the services that he or she needs to be healthy, happy, and to reach his or her full potential.

Our CCWVa Child Care Food Program helps to support the health and growth of children by supporting healthy meal choices in homes of child care providers. Our program provides education and assistance to care givers in meal planning and application for meal reimbursements.

"Children in our program gain from early nutrition education that helps them establish positive eating habits that will enrich the quality of their diet throughout their lives," said Jane Rose, CCWVa Child Care Food Program Director.

The primary goal of the Child and Adult Care Food Program (CACFP) is to serve nutritious meals to children attending child care homes and centers. Secondary goals are: 1. The establishment of positive eating habits at the earliest stages of development. 2. Reduction of future health care and education costs due to lack of proper early development. 3. Training and support of local child care personnel.

Child care providers in the program receive nutrition education and support services that help them serve nutritious meals and create a positive eating environment for children.

A child care provider named Rebecca enrolled with CCWVa Child Care Food Program in 2017. Rebecca has a state-issued license to provide care for six children at once, but she has 20 children enrolled in her family child care program. These children are in care during different times of the day and on different days of the week, depending on the parents' work schedules.

Rebecca said that this program has been a blessing to her. It gives her the opportunity to provide a nutritious variety of foods that would be limited if she paid out of pocket to feed the children.

Rebecca said that she feels good knowing that the meals being served in her home are "sowing the seeds that might save lives some day" through establishing healthy eating habits.

The Child Care Food Program offers a two-tiered reimbursement for meals and snacks provided to children in care. A child care provider may claim reimbursement for two meals and one snack (or two snacks and one meal) per child each day of care.

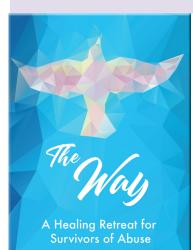
In order to receive this reimbursement, providers must agree to serve healthy meals and snacks to children in care. These meals have requirements that include whole-grain rich items, more vegetables and fruits, lean meats, low-fat dairy options and less sugar.

"Research shows child care providers participating in a program like ours offer more fruits, vegetables, whole grains and lean meats than providers who do not," said Rose. "Research also shows that children who receive high quality meals are less likely to be tired and are sick less."

This is especially important in West Virginia, a state that consistently has a high rate of childhood obesity.

"Being in the CCWVa Child Care Food Program helps shape a positive attitude about healthy foods that will leave a lasting impression on chi8ld care providers and children," said Rose.

The CCWVa Child Care Food Program served 2,997 children in 21 counties of West Virginia last year.



HEALING RETREAT FOR SURVIVORS OF ABUSE

Survivors of all forms of abuse across the Diocese of Wheeling-Charleston are invited to attend free retreat entitled, "The Way."

The Way is 3-day guided meditation and prayer program for men and women crafted around the Stations of the Cross. It is an opportunity for healing and prayer and for survivors to reflect on God's plan for their lives through prayer and sacraments. There will be opportunities for individual counseling and spiritual direction. Sponsored by the Archdiocese of Washington, the retreat is free of charge and will be held November 19-20, 2021, for men and February 18-20, 2022, for women. The location of the retreat is not being publicized to protect the privacy of survivors.

For more information on the retreat, visit HTTPS://ADW.ORG/THE-WAY-RETREAT. To learn more and to register, please contact Deborah McDonald at MCDONALDD@ADW.ORG or 301-853-4466.

THIRTY-FIRST SUNDAY IN ORDINARY TIME

First Reading DEUTERONOMY 6:2-6

Moses spoke to the people, saying: "Fear the LORD, your God, and keep, throughout the days of your lives, all his statutes and commandments which I enjoin on you, and thus have long life. Hear then, Israel, and be careful to observe them, that you may grow and prosper the more, in keeping with the promise of the LORD, the God of your fathers, to give you a land flowing with milk and honey. "Hear, O Israel! The LORD is our God, the LORD alone! Therefore, you shall love the LORD, your God, with all your heart, and with all your soul, and with all your strength. Take to heart these words which I enjoin on you today."

Responsorial PSALMS 18:2-3, 3-4, 47, 51

R. (2) I love you, Lord, my strength.

I love you, O LORD, my strength, O LORD, my rock, my fortress, my deliverer.

R. I love you, Lord, my strength..

My God, my rock of refuge, my shield, the horn of my salvation, my stronghold! Praised be the LORD, I exclaim, and I am safe from my enemies.

R. I love you, Lord, my strength.

The LORD lives! And blessed be my rock! Extolled be God my savior. You who gave great victories to your king and showed kindness to your anointed.

R. I love you, Lord, my strength.

Second Reading HEBREWS 5:1-6

Brothers and sisters:

The levitical priests were many because they were prevented by death from remaining in office, but Jesus, because he remains forever, has a priesthood that does not pass away. Therefore, he is always able to save those who approach God through him, since he lives forever to make intercession for them. It was fitting that we should have such a high priest: holy, innocent, undefiled, separated from sinners, higher than the heavens. He has no need, as did the high priests, to offer sacrifice day after day, first for his own sins and then for those of the people; he did that once for all when he offered himself. For the law appoints men subject to weakness to be high priests, but the word of the oath, which was taken after the law, appoints a son, who has been made perfect forever.

Alleluia JOHN 14:23

R. Alleluia, alleluia.

Whoever loves me will keep my word, says the Lord; and my father will love him, and we will come to him.

Gospel MARK 12:28b-34

One of the scribes came to Jesus and asked him, "Which is the first of all the commandments?" Jesus replied, "The first is this:

Hear, O Israel!

The Lord our God is Lord alone!

You shall love the Lord your God with all your heart,

with all your soul,

with all your mind,

and with all your strength.

The second is this:

You shall love your neighbor as yourself.

There is no other commandment greater than these." The scribe said to him, "Well said, teacher. You are right in saying, 'He is One and there is no other than he.' And 'to love him with all your heart, with all your understanding, with all your strength, and to love your neighbor as yourself' is worth more than all burnt offerings and sacrifices." And when Jesus saw that he answered with understanding, he said to him, "You are not far from the kingdom of God." And no one dared to ask him any more questions.

PRAYER INTENTIONS

That the Church may continue to proclaim life's value and dignity, and that our lives may manifest the conviction of this teaching, let us pray to the Lord. . .

For leaders in government, labor, and business, that they may work together to build a world in which all people may grow and prosper in justice and peace for generations to come, let us pray to the Lord. . .

For all who have dedicated their lives to serving those without material wealth, those who serve in shelters and soup kitchens, those who work with people who are homeless, long-term unemployed, and impoverished, let us pray to the Lord. . .

For our faith community, that as brothers and sisters in Christ, we may be united to one another in faith, hope, and love; and for all who have strayed from the Church, that they might remember that Christ always welcomes them back, no matter what, let us pray to the Lord. . .

Lord hear our prayer



UPDATED GUIDELINES RELEASED

Bishop Mark E. Brennan released updated guidelines for our churches and facilities. • New Norms for Reopening Parish

- **Facilities for Meetings and Gatherings**
- Updated Liturgical Guidelines
- Music Protocols for Liturgical Celebrations

These are available online at www.dwc.org.

Liturgy of the Hours LITURGY OF THE HOURS

Pray the prayer for this day, this hour! Scan the OR code or visit the link below to view a PDF version of the Liturgy of the Hours. EBREVIARY.COM LITURGY OF THE HOURS



BROUGHT TO YOU	ВY	YOU
Berkeley Springs - Hancock, MD	FM	96.3
Berkeley Springs	FM	107.9
Clarksburg-Bridgeport	FM	97.5
Dunbar - Charleston	AM	1450
Grafton - Clarksburg	AM	1190
Montgomery - Beckley	FM	89.7
Purgitsville	FM	98.7
St. Marys - Parkersburg	FM	105.3
Star City -Morgantown	FM	89.7
Summersville	FM	91.3
Wheeling - Martins Ferry, OH	FM	90.7
Weirton - Steubenville	FM	97.7
~Also Streaming in WV at <u>www.rdo.to/WLOL</u> ~		
WV Catholic Radio <u>www.WVCatholicRadio.org</u>		

A LITTLE CATHOLIC HUMOR



For God, who commanded the light to shine out of darkness, hath shined in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ. 2 CORINTHIANS 4:6 KIV



MASS ONLINE

Saturday 6pm Masses will continue to be livestreamed from the Cathedral of St. Joseph, and will be available on our website each Sunday at DWC.ORG.

Below are four options for enriching your spirit through daily Mass online.

- EWTN airs daily Mass from Our Lady of Angels Chapel, in Irondale, Alabama, at 8am, noon, and 7pm: HTTPS://WWW.EWTN.COM/TV/WATCH-LIVE
- St. Patrick's Cathedral in New York has daily Mass live streamed at 7am: HTTPS://SAINTPATRICKSCATHEDRAL.ORG/LIVE
- Catholic TV also streams its daily Mass: http://catholicTV.org/masses/catholicTV-mass
- Daily Mass Online at Notre Dame' Basillica of the Sacred Heart is live at 11:30 am Monday-Friday: HTTPS://CAMPUSMINISTRY.ND.EDU/MASS-WORSHIP/BASILICA-OF-THE-SACRED-HEART/WATCH-MASS/SPECIAL-MASSES/