



A national holiday since 1894, Labor Day is a time to honor the hard work and the contributions made to better our communities.

Today let's celebrate our own efforts for the work we do to help others, the retired who worked for decades to make a difference, the volunteers who give their time and talents selflessly, and those who are eager to find work, so they too feel proud of their contributions.

In this Year of St. Joseph let us call to mind the presence of St. Joseph the Worker in our lives. Let us use our gifts and talents for the good of others.



## PRAYER TO ST. JOSEPH FOR WORKERS

Joseph, by the work of your hands  
and the sweat of your brow,  
you supported Jesus and Mary,  
and had the Son of God as your fellow worker.

Teach me to work as you did,  
with patience and perseverance, for God and  
for those whom God has given me to support.

Teach me to see in my fellow workers  
the Christ who desires to be in them,  
that I may always be charitable and forbearing  
towards all.

Grant me to look upon work  
with the eyes of faith,  
so that I shall recognize in it  
my share in God's own creative activity  
and in Christ's work of our redemption,  
and so take pride in it.

When it is pleasant and productive,  
remind me to give thanks to God for it.

And when it is burdensome,  
teach me to offer it to God,  
in reparation for my sins  
and the sins of the world.

(Find this prayer and others in the "Devotions to Saint Joseph"  
by Brian Moore, S.J.)

# YOUNG ADULTS INVITED TO ENCOUNTER LOVE

*An enriching event on building strong relationships*

Saint John University Parish and the Mountaineer Catholic Campus Ministry invite young adults from across the state to an event in Morgantown on the banks of the Monongahela River that aims to empower high school and college students.



On October 16, Mountaineer Catholic presents *Encounter Love*, featuring popular Catholic speakers Lisa Cotter and Fr. Joe Freedy.

It will be a day to fuel the hearts and minds of young adults, as they are energized by two dynamic speakers, uplifted with music, empowered with spiritual reflection, and fed via a fabulous food truck, said Colleen

Criste, campus minister for St. John University Parish at WVU.

Blending practical insights, sound theology, and a bit of humor, Cotter will address high schoolers, college students, and young adults about authentic friendships, dating, and marriage, Criste shared.

Cotter is a strong Catholic mother of three, podcaster, and founder of Made to Magnify, a ministry to “help people become saints.”

She and her husband, Kevin, have worked with FOCUS (Fellowship of Catholic University Students) ministry, a group of missionaries that evangelize college campuses; and co-authored *Dating Detox: 40 Days of Perfecting Love in an Imperfect World*. The book is the result of a summer the couple spent interviewing young adults who transitioned from what is often a toxic modern dating arena to understanding God’s plan and following it freely to find love.

Her presentation in October will highlight how developing true, authentic friendships and relationships may be difficult, but with the right mindset you can build stronger relationships with more meaning knowing the keys to God’s grace and plan.

Father Freedy has worn many hats in his career so far as a priest in the Diocese of Pittsburgh.

He is the founder of Dry Bones Ministries, a group whose mission is to revitalize the faith of and build a future for Catholics in Pittsburgh. He is also the assistant director of Evangelization for his diocese and the chaplain for two high schools in Allegheny County.

A native of Bethel Park, Pa., he earned a scholarship to play Division I football at the University of Buffalo, where he was the starting quarterback for three years. Throughout his college



career he discerned a calling to the priesthood and entered St. Paul Seminary in Pittsburgh and the North American College in Rome, studying at the Gregorian University and John Paul II Institute. He was ordained in 2008. Prior to his current position he was a parish priest in Wexford and the vocation director for his diocese.

The day will also feature the St. John’s Praise and Worship Band made up of WVU students.

After lunch will be a transition into Eucharistic procession and adoration, “which is the authentic love of Jesus Christ among us,” Criste said.

The event, held in the WVU Amphitheater at Hazel Ruby McQuain Park, 185 Garrett Street will begin at 10 am and conclude at 3:30 pm. The cost is \$15 per person (lunch provided by Nature of Fire food truck is included). For information contact the office of campus ministry at 304-296-8231.

## THE DOCTOR IS IN AT ST. MICHAEL’S

*Parenting & Family Expert Coming to Wheeling September 13*



He is a clinical psychologist, author, radio host, nationally known speaker, has an EWTN series -*Living Right with Dr. Ray*, and he is coming to the Northern Panhandle.

St. Michael Parish in Wheeling is hosting an evening for parents and grandparents featuring Dr. Ray Guarendi at 6:30 pm, Sept. 13. Guarendi will speak on “Standing

Strong as a Parent and Grandparent” followed by a question-and-answer session. Faithful around the diocese are welcome to attend.

If you are seeking confident Christian parenting/grandparenting skills, stronger marriages, and better family life, Fr. Carlos Melocoton, Jr., pastor of St. Michael’s hopes you will make plans to attend this free public event to be held in the church and walk away with a renewed spirit.

For more information contact the parish office at 304-242-1560 or email them at [STMIKES@STMIKESPARISH.ORG](mailto:STMIKES@STMIKESPARISH.ORG).





## NEWS FROM CATHOLIC CHARITIES WEST VIRGINIA

### WORKING TOWARD A COMMON GOAL



From left: Jeanne Costello of CCWVa, Mary French of Helping Hands, and Holly Redman of CCWVa, gather in front of the Helping Hands donation shed

By Trina Bartlett, CCWVa Eastern Regional Director

The Catholic Charities West Virginia (CCWVa) Romney office has been making changes and forming partnerships to serve clients more efficiently.

“We are happy to be sharing office space with the Eastern West Virginia Community Foundation,” said Holly Redman, CCWVa Case Manager. “Both of our organizations have a mission of improving our community.”

CCWVa is also partnering with Helping Hands, a secondhand store with the experience and resources to clean, sort, store, and distribute used clothing donated to CCWVa. CCWVa clients will receive clothing vouchers to continue receiving donated clothing for free.

To learn more about Catholic Charities West Virginia, visit [www.CatholicCharitiesWV.org](http://www.CatholicCharitiesWV.org).

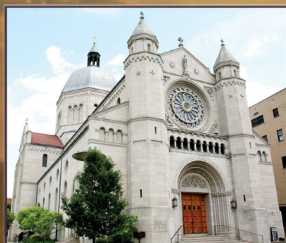
*The Mission of Catholic Charities West Virginia: Guided by God's love, Catholic Charities collaborates with community partners, parishes and families to provide caring and compassionate services to people in need and work toward lasting and meaningful change.*

# Celebrate

## THE YEAR OF SAINT JOSEPH WITH A PILGRIMAGE

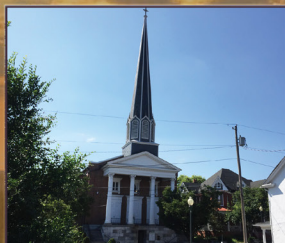


EMBARK ON YOUR ST. JOSEPH PILGRIMAGE AT ONE OF THREE NOTABLE CHURCHES  
UNDER HIS PATRONAGE WITH MASS AND SPECIAL TOURS OF THE CHURCHES ON THE  
SECOND SUNDAY OF EACH MONTH FROM SEPTEMBER TO NOVEMBER.



CATHEDRAL OF ST. JOSEPH  
10:30AM

13<sup>th</sup> & Eoff Streets, Wheeling, WV  
[SaintJosephCathedral.com](http://SaintJosephCathedral.com)



ST. JOSEPH PARISH  
10:30AM

225 S. Queen Street, Martinsburg  
[Sites.Google.com/site/stjosephwv](http://Sites.Google.com/site/stjosephwv)



ST. JOSEPH THE WORKER PARISH  
11:00AM

229 California Avenue, Weirton, WV  
[StJoeWeirton.org](http://StJoeWeirton.org)



## TWENTY-THIRD SUNDAY IN ORDINARY TIME

### First Reading ISAIAH 35:4-7a

Thus says the LORD: Say to those whose hearts are frightened: Be strong, fear not! Here is your God, he comes with vindication; with divine recompense he comes to save you. Then will the eyes of the blind be opened, the ears of the deaf be cleared; then will the lame leap like a stag, then the tongue of the mute will sing. Streams will burst forth in the desert, and rivers in the steppe. The burning sands will become pools, and the thirsty ground, springs of water.

### Responsorial PSALMS 146:6-7, 8-9, 9-10

**R. (1b) Praise the Lord, my soul!**

The God of Jacob keeps faith forever, secures justice for the oppressed, gives food to the hungry. The LORD sets captives free.

**R. Praise the Lord, my soul!**

The LORD gives sight to the blind; the LORD raises up those who were bowed down. The LORD loves the just; the LORD protects strangers.

**R. Praise the Lord, my soul!**

The fatherless and the widow the LORD sustains, but the way of the wicked he thwarts. The LORD shall reign forever; your God, O Zion, through all generations. Alleluia.

**R. Praise the Lord, my soul!**

### Second Reading JAMES 2:1-5

My brothers and sisters, show no partiality as you adhere to the faith in our glorious Lord Jesus Christ. For if a man with gold rings and fine clothes comes into your assembly, and a poor person in shabby clothes also comes in, and you pay attention to the one wearing the fine clothes and say, "Sit here, please," while you say to the poor one, "Stand there," or "Sit at my feet," have you not made distinctions among yourselves and become judges with evil designs? Listen, my beloved brothers and sisters. Did not God choose those who are poor in the world to be rich in faith and heirs of the kingdom that he promised to those who love him?

### Alleluia Cf. MATTHEW 4:23

**R. Alleluia, alleluia.**

Jesus proclaimed the Gospel of the kingdom and cured every disease among the people.

**R. Alleluia, alleluia.**

### Gospel MARK 7:31-37

Again, Jesus left the district of Tyre and went by way of Sidon to the Sea of Galilee, into the district of the Decapolis. And people brought to him a deaf man who had a speech impediment and begged him to lay his hand on him. He took him off by himself away from the crowd. He put his finger into the man's ears and, spitting, touched his tongue; then he looked up to heaven and groaned, and said to him, "Ephphatha!"— that is, "Be opened!" —

And immediately the man's ears were opened, his speech impediment was removed, and he spoke plainly. He ordered them not to tell anyone. But the more he ordered them not to, the more they proclaimed it. They were exceedingly astonished, and they said, "He has done all things well. He makes the deaf hear and the mute speak."

### PRAYER INTENTIONS

For the Church, that we may be a consistent witness to our faith, leading others to realize God's grace through our words and actions, let us pray to the Lord. . .

For our nation that was founded on prayer, that our leaders swiftly aid so many who are suffering at this time due to international conflict and natural disasters, let us pray to the Lord. . .

For all who labor, that you give them strength to complete each day; rest when they are weary, guidance to keep gainful employment, and a feeling of gratitude for working tirelessly for the good of all in Your name, let us pray to the Lord. . .

For all whose lives were forever changed twenty years ago on September 11, 2001, and for the thousands of victims who died in the attacks, that they may be at peace, comforted in the heart of God, let us pray to the Lord. . .

*Lord hear our prayer*

### SPIRITUAL COMMUNION PRAYER

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You. Amen.



# LET US GO *Rejoicing* TO THE HOUSE OF THE LORD.

PSALM 122

## UPDATED GUIDELINES RELEASED

Bishop Mark E. Brennan released updated guidelines for our churches and facilities.

- New Norms for Reopening Parish Facilities for Meetings and Gatherings
- Updated Liturgical Guidelines
- Music Protocols for Liturgical Celebrations

These are available online at [www.dwc.org](http://www.dwc.org).

## *Liturgy of the Hours* LITURGY OF THE HOURS

Pray the prayer for this day, this hour!

Scan the QR code or visit the link below to view a PDF version of the Liturgy of the Hours.

[EBREVIARY.COM](http://EBREVIARY.COM) [LITURGY OF THE HOURS](http://LITURGY OF THE HOURS)



## WV CATHOLIC RADIO BROUGHT TO YOU BY YOU

Berkeley Springs - Hancock, MD	FM	96.3
Berkeley Springs	FM	107.9
Clarksburg-Bridgeport	FM	97.5
Dunbar - Charleston	AM	1450
Grafton - Clarksburg	AM	1190
Montgomery - Beckley	FM	89.7
Purgitsville	FM	98.7
St. Marys - Parkersburg	FM	105.3
Star City - Morgantown	FM	89.7
Summersville	FM	91.3
Wheeling - Martins Ferry, OH	FM	90.7
Weirton - Steubenville	FM	97.7

~Also Streaming in WV at [www.rdo.to/WLOL](http://www.rdo.to/WLOL)~

WV Catholic Radio [www.WVCatholicRadio.org](http://www.WVCatholicRadio.org)

## A LITTLE CATHOLIC HUMOR

And then I ate all the goodies



and blamed it on a wolf.

## ENROLL TODAY

WV Catholic Schools

Empowered  
by knowledge.  
Transformed  
by faith.



Register today

[wvcatholicschools.org](http://wvcatholicschools.org)



## MASS ONLINE

Saturday 6pm Masses will continue to be livestreamed from the Cathedral of St. Joseph, and will be available on our website each Sunday at [DWC.ORG](http://DWC.ORG).

Below are four options for enriching your spirit through daily Mass online.

- EWTN airs daily Mass from Our Lady of Angels Chapel, in Irondale, Alabama, at 8am, noon, and 7pm: [HTTPS://WWW.EWTN.COM/TV/WATCH-LIVE](https://www.ewtn.com/tv/watch-live)
- St. Patrick's Cathedral in New York has daily Mass live streamed at 7am: [HTTPS://SAINTPATRICKSCATHEDRAL.ORG/LIVE](https://saintpatrickscathedral.org/live)
- Catholic TV also streams its daily Mass: [HTTP://CATHOLICTV.ORG/MASSES/CATHOLICTV-MASS](http://catholicTV.org/masses/catholicTV-mass)
- Daily Mass Online at Notre Dame' Basilica of the Sacred Heart is live at 11:30 am Monday-Friday: [HTTPS://CAMPUSMINISTRY.ND.EDU/MASS-WORSHIP/BASILICA-OF-THE-SACRED-HEART/WATCH-MASS/SPECIAL-MASSSES/](https://campusministry.nd.edu/mass-worship/basilica-of-the-sacred-heart/watch-mass/special-masses/)